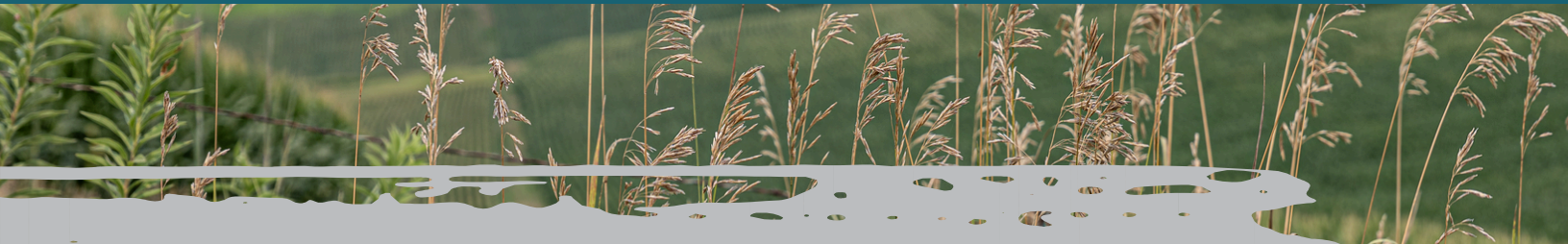


NORTHERN PLAINS NEWSLETTER

OCTOBER 2024



MESSAGE FROM THE PRESIDENT

JOSHUA ARCE, PWNA PRESIDENT & CEO



Greetings Program Partners!

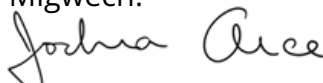
The weather is starting to change, the leaves are doing the same, and we are creeping towards the fall season. Fall harvesting is happening, and winter preparations are on the horizon.

As our communities gear up for fall and winter activities, we get the chance to huddle closer, reflect on the past year, and make plans for the future. Our reflection now can help chart our path for the spring, and the holiday season of fellowship, family, and community can recharge our relationships and carve the path for partnerships in the next year.

We appreciate your continued partnership and support. To serve you better, we must continue to hear from you. Please share with us your holiday plans, and spring initiatives, we look forward to supporting another year of activities, programming, and success.

From the PWNA Team to you, your team, and your community, we wish you many blessings through the end of the year!

Migwech!



PWNA President & CEO
 Prairie Band Potawatomi Nation

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Partner Spotlight



Lisa Bargmann is the Director of Nursing in the Ambulatory Clinic at Carl T. Curtis Health Center in Nebraska. She heads the Maternal Child Health program where they offer prenatal and postpartum education, well child visits and family planning education among other services. Lisa inherited our partnership from the last director and has been especially happy with the items that families can use, such as sunscreen and medical kits. She remembers one winter when our diapers and other supplies helped with emergency issues the families were facing.

Lisa said recently, "The biggest benefit of PWNA's service is in the items we receive for children's safety and everyday necessities. Thank you, Lisa and your team, for your continued partnership and the work you do to support your community!"

Thanks, Lisa, for your service to your community!

Indigenous Recipe

Three Sisters Bean Stew

By Diné Chef Freddie J. Bitsoie



DIRECTIONS

1. In a large, heavy-bottom pot over medium heat, add the oil. Once the oil is hot, add the onion, garlic, thyme, bay leaf, carrot and celery. Season with a pinch each of salt and pepper, and allow the ingredients to cook. Stir occasionally (about 5 minutes) until the onion is soft and translucent.
2. Add the cooked beans, diced tomatoes and stock. Bring to a light boil, then reduce the heat to low and simmer for several minutes. The stock will thicken.
3. Adjust the seasoning if necessary. Remove the thyme springs and bay leaf and serve hot. This stew can be refrigerated for three to four days or frozen for four to six months.

INGREDIENTS

- 2 tbsp canola oil
- 1 small onion, peeled and diced
- 2 garlic cloves, peeled and minced
- 2 sprigs fresh thyme
- 1 bay leaf
- 1/2 carrot, peeled and finely diced
- 1/2 stalk celery, finely diced
- Salt, to taste
- Freshly cracked black pepper, to taste
- 1 cup cooked kidney beans
- 1 cup cooked cannellini beans
- 1 cup cooked black beans
- 1/2 cup diced tomatoes
- 2 1/2 cups chicken or vegetable stock

(Recipe reprinted with permission)



COLLABORATION CORNER

“Our needs in our small town are equivalent to any other place. People want a good hot or cold meal that is prepared homemade. The special touches that we add at the Walthill Senior Center we pride ourselves on,” shared our Program Partner, Chris M., who uses the Standard Food service. Through this service, our Program Partners receive regular deliveries of shelf staples and nonperishable food to supplement their meals for Elders.

Thankfully, our Standard Food service helps Chris provide consistent healthy meals for Elders like 61-year-old Timothy B., who shared, **“I didn’t have to go to the store to get what I needed. It’s nice to have something like this. I was surprised because I hadn’t gotten paid from work yet and needed cleaning supplies. The insect repellent was really helpful at the house. The kids really loved the MREs and ration supplies.”**

Georgia R., | Oglala Sioux Tribe | Wanblee, South Dakota



Timothy B. | Omaha Reservation in Nebraska

Many Native families find themselves under constant distress, facing food and water shortages, subpar housing and healthcare, and limited access to utilities and transportation. One way that Partnership With Native Americans® (PWNA) addresses these disparities is through our Healthy Living service.

Our Program Partner Mary G. utilizes Healthy Living to receive regular deliveries of hygiene and household products that incentivize participation in her classes at Families Working Together (FWT) in Wanblee, South Dakota. There, community members learn about cooking, canning, gardening, and more, which all contribute to healthy lifestyles for residents. Like Georgia R., who told us **“When you’re on a fixed income, it’s always nice to get cleaning supplies. If you have to buy something for your family versus cleaning supplies, you choose food.”**



COLLABORATION CORNER

LTS Capacity Building activities progressed through the second quarter of 2024. After months of collaborative planning, PWNA, Great Plains Tribal Leaders Health Board and Headwaters Economics hosted the 2nd Annual Tribal Emergency Managers Summit at the Cedar Shores Resort in central South Dakota.

Kicking off the three-day event, over 25 people attended an afternoon pre-conference session, "FEMA's 0583 Emergency Management Overview for Tribal Leaders," with featured instructors: Sylvan Covers Up (Crow Tribe), Jesse Big Crow (Oglala) and Winona Burley (Lake Traverse).

In the following days, the summit showcased a panel discussion with seasoned Emergency Managers, who were challenged by the attendees with this pressing question, "What Keeps You Up at Night." The EMs were candid, reflective and helpful as they worked their way through that question.

Tommy Thompson (Crow Creek) shared, "Our responsibility as emergency managers is to protect our citizens. Our goal is the preservation of life and protection of property."

Meanwhile, Robert Oliver, (Rosebud) spoke of the importance of preparing future generations: "Our everyday lives are changing, and I encourage my kids to study environmental science and climate change."

On the final day, the weather served as a stark reminder of the emergency managers' responsibilities within their communities. An approaching storm signaled the time needed to wrap up, and it was now crucial to put their knowledge into action in their Tribal lands.



"I'm fascinated with all these speakers (ER MGT Summit). We're all impacted and go through the same stuff, but now we get to hear from their point of view on different reservations."

Jo Lawrence,
Cheyenne River Long Term Recovery Group

"In times of duress, people will revert to their training, but if they don't have training, that's when chaos ensues. I am super happy with PWNA. It's making a difference in Tribal communities."

Mary Reevis (Blackfeet)
FEMA EMI

Lanaina Upham (Blackfeet)-BIA Emergency Management; Robert Oliver (Rosebud)-RST Dam Safety and Emergency Manager; Jo Lawrence-(Cheyenne River) CRST Long Term Recovery Group



Rechargeable batteries w/charger

Dishwasher Tabs 25ct

Nail Polish Remover

All Purpose Cleaner 100 - 100.9oz

Detergent One Wash

Shampoo

Conditioner



Service Highlights

2024 PWNA Delivery Calendar can be downloaded from the [Program Partner website](#).

PWNA's Food Pantry service is for Program Partners that are focused on nourishing people, and supporting food insecurity. This service provides supplemental food products to help support the basic needs of residents in Tribal communities and to help support the goals of the partner's organization. This is a supplemental resource and not intended to supplant existing services. Food pantry items are non-perishable and based on availability inventory. Items vary and could include soup, canned vegetables, noodles, bottled water, food bars meal kits, canned fruit etc. **To be eligible for the Food Pantry Service, your organization must:**

- ✓ Be an established Food Pantry (minimum 1 year) on a reservation PWNA serves
- ✓ Regularly collects food and distributes to the community
- ✓ Have established guidelines for who qualifies for food distribution
- ✓ Have adequate storage facility

Accurate and complete reporting is essential for participation. Reporting is due within 30 days from your delivery date. To see if you qualify, submit a request, and include two of your organization's goals. Once received, your PWNA Partnership Development Coordinator (PDC) will review the goals with you and, if approved, let you know when your request will be processed and/or delivered.



SAVE THE DATE

MATERIAL SERVICES

- ✓ Holiday (Christmas) Request Deadline for 2024 | October 18, 2024
- ✓ NPRA Children's Stocking Assembly | PWNA Warehouse | October 23, 2024
- ✓ Last day to submit request/renewal for 2024 | November 22, 2024



LONG-TERM SOLUTIONS

- ✓ Strategic Planning (Omaha Tribe) | October 24 & 25, 2024 | Blackbird Bend Casino
- ✓ Strategic Planning (Fort Pack Tribe) | Date TBD
- ✓ He Sapa Wacipi – Friday Afternoon PWNA Sponsored Meal | October 11-13, 2024 | 4-6 PM
- ✓ Plains Emergency Manager Convening | October 28 & 29, 2024
- ✓ Thunder Valley Liberation Summit - From Resilience to Revolution to Restoration | November 6-8, 2024 | <https://thundervalley.org/liberation-summit>

IMPACT BY THE NUMBERS

93,074

MILES DRIVEN

1,281

SHIPMENTS

1,465,133

LBS OF SUPPLIES

495

SERVED THROUGH ANIMAL WELFARE

32,321

SERVED THROUGH HEALTH SERVICES

9,119

SERVED THROUGH EMERGENCY SERVICES

14,808

SERVED THROUGH EDUCATION SERVICES

21,333

SERVED THROUGH FOOD SERVICES



EDUCATION UPDATE

The AIEF Scholarship Committee convened in June to select scholarship recipients for the 2024-2025 academic year.

We awarded 5 vocational students, 126 undergraduates, 47 graduate students, and 10 4-Year students. Each scholar received a welcome box of essentials to help them start their fall semester in a good way.

Additionally, 21 scholars benefited from the AIEF Freshman Laptop program, which provided them with laptops and backpacks, reducing any technical obstacles in their studies and assignments.



“

“I was finally able to set up the computer. It’s amazing – very big and so many things to love about it. Thank you again to the donors!”

”

Shayla D.
(Fort Berthold)



CONTACT US

PWNA only delivers needed goods and services. We want to ensure the products we send fit your needs. If they do not, please call us so that we may better serve you.

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Crofton | January 9, 2024