

# NORTHERN PLAINS NEWSLETTER

JULY 2024

## MESSAGE FROM THE PRESIDENT

JOSHUA ARCE, PWNA PRESIDENT & CEO



Greetings Program Partners!

With the summer solstice behind us, and the days getting shorter, we give thanks for summer and turn our attention to the fall harvest and preparations for winter.

Respect your Elders, be fair in your dealings with others, and adapt to the circumstances around you. The balance and harmony we bring to our relationships with people, plants, animals, and the land will bear fruit in the form of personal well-being, sustenance, and community prosperity.

Thank you for your continuing partnership and for keeping us informed about your communities. We look forward to providing ongoing support for your programs and initiatives. I wish all of you and your loved ones the best this year.

Migwech!



PWNA President & CEO  
Prairie Band Potawatomi Nation

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# Partner Spotlight

LORI FIRESTEEL



Lori Firesteel is the Elderly Coordinator at the Enemy Swim Elderly Program (ESEP) located in Waubay, South Dakota, on the Lake Traverse Reservation. ESEP has worked with PWNA since 2004, and Lori first became involved when she began as Elderly Coordinator a year ago. ESEP provides education, general and medical travel assistance, disbursements, and funeral expense assistance to the seniors in the community.

What has surprised Lori the most about partnering with PWNA are how many services we provide and our scholarships for those who are pursuing higher education. Lori uses PWNA's Healthy Living service. She sees genuine appreciation from the Elders when they receive incentive products after an education class and looks forward to reaching even more Elders in the community.

Fun fact about Lori, she used to traditional dance when she was younger and would love to be a traditional dancer again in the future. Lori appreciates the support and partnership with PWNA and wishes more people knew about the services we provide.

Thanks, Lori, for your service to your community!

## Indigenous Recipe

### Hasselback Maple & Apple Cider Roasted Squash By Chef Kimberly Brave Heart



#### INGREDIENTS

- 1 large butternut squash or 2-3 small honeynut squash (3 lbs total)
- 1 tbsp olive oil
- Kosher salt
- Freshly ground black pepper
- ¼ cup pure maple syrup, preferably grade B (local/Native preferred)
- 3 tbsp unsalted butter
- 1 tbsp garlic powder
- 2 tbsp apple cider vinegar
- 6-8 dried bay leaves

#### DIRECTIONS

1. Place a rack in upper third of oven; preheat to 425 F.
2. Halve squash lengthwise and scoop out seeds with a large spoon. Using a peeler, remove skin and white flesh (you should reach the deep orange flesh). Rub all over with oil and season with salt and pepper.
3. Roast in a baking dish just large enough to hold halves side by side until beginning to soften (a paring knife should easily slip in only about 1/4 inch), 15 to 18 minutes.
4. Meanwhile, place the maple syrup, butter, garlic and apple cider vinegar in a small saucepan over medium-high, stirring occasionally, until just thick enough to coat spoon (6-8 min.). Reduce heat to very low and keep glaze warm. Watch closely so it doesn't burn.
5. Transfer squash to a cutting board and cool slightly. Using a sharp knife, score rounded sides of squash halves crosswise, going as deep as possible but without cutting all the way through. Return squash to baking dish—scored sides up, and tuck bay leaves between a few slices. Season with salt and pepper.
6. Roast squash, basting with glaze every 10 min. or so and using a pastry brush to lift off any glaze in dish that is browning too much. Continue until tender and glaze forms a rich brown coating, 45 to 60 min.

(Recipe reprinted with permission)



# COLLABORATION CORNER

PWNA's Long-Term Solutions (LTS) team has made considerable investment in building capacity among tribal citizens working in and around emergency preparedness and response in the Northern Plains. Tribal communities need tools and resources before disaster strikes, but they often lack funds and trainers knowledgeable in the unique needs of tribal lands and systems. The following highlights are examples of how PWNA's investments in tribal trainers and instructors are now educating others in their home communities.

“ I just want to say thank you because this has helped [me] and our tribe be able to make some things into a reality.

It's making it to where I can bring this [training] back and really make it an integral part of our tribal system and tribal education. Thank you very much. ”

Two 4D Alumni, Jody Kohlus (Cheyenne River) and Winona Burley (Lake Traverse) used their Youth Mental Health First Aid Instructor skills to train 18 educators from BIE and CEB schools at the Cheyenne River College Center.

Jesse Big Crow trained an additional CERT team for Thunder Valley of Porcupine, SD. She was also one of the instructors at the 2nd Regional Tribal Emergency Management Summit in Oacoma, SD on June 18th.



Jeff Berger  
Fort Peck Disaster & Emergency Services (DES) Director and Crow Agency DES Director

Jeff Berger (Fort Peck Disaster & Emergency Services (DES) Director) and Sylvan Covers Up (Crow Emergency Manager) completed the FEMA Tribal Curriculum Train the Trainer course. If you are interested in attending this course, please see the "Save The Date" for a July opportunity in Standing Rock.

Lori Mike and the Cheyenne River Emergency Management team (along with two PWNA team members) attended the MASS Fatality conference hosted by the SD Department of Health in Rapid City to learn how to manage mass fatality incidents.



- Hand Soap
- Nail Polish Remover
- Feminine Wash
- Sugar-Free Drink
- Sports Drink
- Batteries with Charger



## Service Highlights

2024 PWNA Delivery Calendar can be downloaded from the [Program Partner website](#).

PWNA’s Animal Welfare service is for organizations that provide support to domestic animals on Native American reservations. It is designed to support these organizations with the supplies they need to encourage participation in their rescue, foster and adoption activities.

**To be eligible for the Animal Welfare service, your organization must:**

- ✓ Offer services that support the domestic animals on reservations in PWNA's [service area](#).
- ✓ Have at least 12 months of experience working with reservation animals.
- ✓ Keep accurate pet adoption and foster services records.
- ✓ Have an adequate storage facility.

Accurate and complete reporting is essential for participation. Reporting is due within 90 days from your delivery date. To see if you qualify, submit a request and include two of your organization’s goals. Once received, your PWNA Partnership Development Coordinator (PDC) will review the goals with you and, if approved, let you know when your request will be processed and/or delivered.



# EDUCATION UPDATES



PWNA's American Indian Education Fund® has just returned from the annual AIEF Selection Committee Retreat. The review committee is comprised of Indigenous educators representing tribes and post-secondary institutions that serve Native scholars. This year's scholarship applicants used the new AIEF Scholarship portal to share their essays and dreams of extending their academic journey. **Over 1,280 applications were received, and 140 scholars were selected for awards of either Undergraduate or Graduate scholarships!** Notifications to awarded scholars have been sent.

Alex was a first-generation college student who had to learn to “navigate this brand-new world.” One significant source of relief was the AIEF scholarship for her last two school years. As an AIEF scholar, she also received a backpack and care packages throughout the year filled with school and household supplies. “I loved getting the care packages. It was really hard to get outside during COVID, so it was nice to get stuff sent to me.” **Congratulations to Alex**, who just graduated with a bachelor's degree in elementary education and dreams of becoming a preschool teacher in her hometown where her help is needed most.



## IMPACT BY THE NUMBERS



**58,540**

MILES DRIVEN

**786**

SHIPMENTS

**622,941**

LBS OF SUPPLIES

**380**

SERVED THROUGH ANIMAL WELFARE

**21,316**

SERVED THROUGH HEALTH SERVICES

**3,435**

SERVED THROUGH EMERGENCY SERVICES

**270**

SERVED THROUGH EDUCATION SERVICES

**14,474**

SERVED THROUGH FOOD SERVICES



SAVE THE DATE

## Material Services

- ✓ Accepting Thanksgiving Requests July 1<sup>st</sup> through September 20<sup>th</sup>, 2024
- ✓ Accepting Holiday (Christmas) Requests August 1<sup>st</sup> through October 18<sup>th</sup>, 2024

## Long-Term Solutions

- ✓ FEMA EMI Emergency Management Framework for Tribal Governments course (L0580) at Crow Agency, MT 59022. Additional information [can be found here](#). [Register Online](#)
- ✓ September 9-11, 2024 – 2024 North Dakota Emergency Management Association Conference | Bismarck State College, Bismarck, ND. [Register Online](#)
- ✓ September 9-12, 2024 – 2024 South Dakota Emergency Management Association Annual Conference | Arrowwood Resort & Conference Center at Cedar Shores, Oacoma, SD. [Register Online](#)

“I get excited about this program and healthy living and how we can get more education out to our Elders.”

**Lori Firesteel**  
Healthy Living Service Partner

“Partnership With Native Americans has had a significant impact on providing training for our Community Emergency Response Teams and EMT. We now have several Tribal Members working with local ambulance crews here on the reservation. Not only did PWNA provide the training but helped with job creation and ultimately these EMT are saving lives.”

**Jim Pearson**  
Sisseton-Wahpeton Oyate  
Emergency Management

### \*\*\* REPORT DEADLINE REMINDERS \*\*\*

Due 30 days after delivery:

Healthy Living  
Community Events  
Food Pantry

Due 90 days after delivery:

Standard Food  
Residential  
Animal Welfare



# CONTACT US

PWNA only delivers needed goods and services. We want to ensure the products we send fit your needs. If they do not, please call us so that we may better serve you.

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Crofton | January 9, 2024

