

September 2021



DYNAMIC LIFE CHRISTIAN SCHOOL

1600 John Marshall Highway • Front Royal • 540 636-9595

Elvi Rogers, Director

email dlcs1@comcast.net www.dlcs1.com



wednesday

thursday

friday

monday

tuesday



13
Baked Macaroni & Cheese
Peas
Apple Slices
Milk
Banana Pudding & Milk

7
Cheeseburger Sliders
Carrot Sticks w/ Ranch
Pineapple Chunks
Milk
Yogurt w/ granola & Milk

8
Bagel Bites
Green Beans
Grapes
Milk
Soft Pretzels & Juice

9
Grilled Cheese
Tomato Soup
Fruit Snacks
Milk
Strawberry Shortcake + Milk

10
Chicken Nachos
Salad
Peaches
Juice
Fruit Cup & Milk

14
Tacos
Corn
Watermelon
Milk
Rice Krispie Treats & Milk

15
Chicken Alfredo
Broccoli
Strawberries
Milk
Animal Crackers & Milk

16
Pizza Rolls
Salad
Pears
Milk
Edible Playdoh & Juice

17
Hot Dogs
Fries
Applesauce
Milk
Cheese & Crackers & Juice

M.O.P.S.
10:00 a.m.-noon

20
Pepperoni Pizza
Salad
Fruit Roll Up
Milk
Cookies & Milk

21
Chicken Nuggets
Fries
Mandarin Oranges
Milk
Cucumbers w/ Ranch & Milk

22
Homemade Lunchable
Crackers
Apple Slices
Milk
Granola Bar & Milk

23
Chicken Quesadillas
Zucchini
Pineapple Chunks
Milk
Ice Cream Treat & Juice

24
Spaghetti
Green Beans
Cantelope
Milk
Doritos & Milk

27
Scrambled Eggs
Bacon
Orange Slices
Milk
Veggie Straws & Milk

28
Corn Dogs
Tator Tots
Grapes
Milk
Cheeze Its & Milk

29
Taqitos
Salad
Dried Fruit
Milk
Chocolate Pretzels & Juice

30
Salisbury Steak
Mashed Potatoes
Apples w/ Caramel
Milk
Chips w/ Salsa & Milk

Interim Reports

Pajamas DAY
Wear your jammies & slippers to school