

# SOUTHWEST NEWSLETTER

JULY 2024

## MESSAGE FROM THE PRESIDENT

JOSHUA ARCE, PWNA PRESIDENT & CEO



Greetings Program Partners!

With the summer solstice behind us, and the days getting shorter, we give thanks for summer and turn our attention to the fall harvest and preparations for winter.

Respect your Elders, be fair in your dealings with others, and adapt to the circumstances around you. The balance and harmony we bring to our relationships with people, plants, animals, and the land will bear fruit in the form of personal well-being, sustenance, and community prosperity.

Thank you for your continuing partnership and for keeping us informed about your communities. We look forward to providing ongoing support for your programs and initiatives. I wish all of you and your loved ones the best this year.

Migwech!



PWNA President & CEO  
Prairie Band Potawatomi Nation

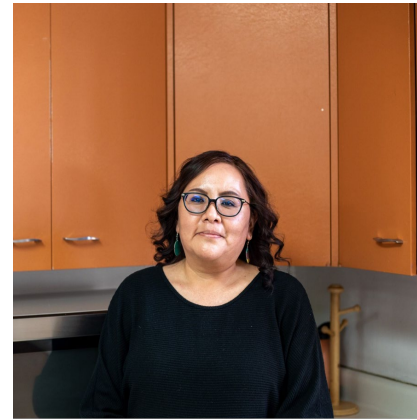
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## Partner Spotlight

Our Program Partner, Freda Shetima, works at New Beginnings Domestic Violence Shelter in Zuni, New Mexico. New Beginnings is a residential program that strives to end the cycle of abuse by providing intervention, support, education, and advocacy for survivors. The shelter first began working with PWNA in 2011.

FREDA SHETIMA



Through the Residential service, Freda has provided residents at the shelter with personal care products, cleaning supplies, blankets, and other goods to assist in their transition into a safer setting. Through the Community Events service, she promotes program resources and awareness during Domestic Violence Awareness month in October.

“Thank you, Freda and the New Beginnings staff, for providing much-needed services in the Pueblo of Zuni!”

## Indigenous Recipe

### Hasselback Maple & Apple Cider Roasted Squash By Chef Kimberly Brave Heart



#### INGREDIENTS

- 1 large butternut squash or 2-3 small honeynut squash (3 lbs total)
- 1 tbsp olive oil
- Kosher salt
- Freshly ground black pepper
- ¼ cup pure maple syrup, preferably grade B (local/Native preferred)
- 3 tbsp unsalted butter
- 1 tbsp garlic powder
- 2 tbsp apple cider vinegar
- 6-8 dried bay leaves

#### DIRECTIONS

1. Place a rack in upper third of oven; preheat to 425 F.
2. Halve squash lengthwise and scoop out seeds with a large spoon. Using a peeler, remove skin and white flesh (you should reach the deep orange flesh). Rub all over with oil and season with salt and pepper.
3. Roast in a baking dish just large enough to hold halves side by side until beginning to soften (a paring knife should easily slip in only about 1/4 inch), 15 to 18 minutes.
4. Meanwhile, place the maple syrup, butter, garlic and apple cider vinegar in a small saucepan over medium-high, stirring occasionally, until just thick enough to coat spoon (6-8 min.). Reduce heat to very low and keep glaze warm. Watch closely so it doesn't burn.
5. Transfer squash to a cutting board and cool slightly. Using a sharp knife, score rounded sides of squash halves crosswise, going as deep as possible but without cutting all the way through. Return squash to baking dish—scored sides up, and tuck bay leaves between a few slices. Season with salt and pepper.
6. Roast squash, basting with glaze every 10 min. or so and using a pastry brush to lift off any glaze in dish that is browning too much. Continue until tender and glaze forms a rich brown coating, 45 to 60 min.

(Reprinted with Permission)



# COLLABORATION CORNER

Tribal communities must have the tools to respond when disaster strikes, but they often lack access to funds as well as trainers knowledgeable of unique reservation needs. In Espanola, New Mexico, Partnership With Native Americans® (PWNA) sponsored two attendees to participate in a training seminar for emergency management on reservations. One of those attendees was Jeff Berger, who represents the Fork Peck Assiniboine and Sioux Tribes of Montana.

“ I just want to say thank you because this has helped [me] and our tribe be able to make some things into a reality.

It’s making it to where I can bring this [training] back and really make it an integral part of our tribal system and tribal education. Thank you very much. ”



Jeff Berger  
Fort Peck Disaster & Emergency Services (DES) Director and Crow Agency DES Director

## IMPACT BY THE NUMBERS

58,540

MILES DRIVEN

786

SHIPMENTS

622,941

LBS OF SUPPLIES

380

SERVED THROUGH ANIMAL WELFARE

21,316

SERVED THROUGH HEALTH SERVICES

3,435

SERVED THROUGH EMERGENCY SERVICES

270

SERVED THROUGH EDUCATION SERVICES

14,474

SERVED THROUGH FOOD SERVICES



# Service Highlights

2024 PWNA Delivery Calendar can be downloaded from the [Program Partner website](#).

## RESIDENTIAL SERVICE

The purpose of the Residential Service is to support current Program Partners in reaching their goals and desired results of their program. This service is intended to support residential/shelter programs.

The Residential Service consists of two components: facility usage and resident care. Through it, PWNA offers products for:

**Facility Use:** Products that can help the facility save funds that they can use elsewhere to improve their services. Types of goods may include paper products, bedding, and cleaning supplies. These products are for use at the facility and not for distribution to residents.

**Resident Use:** Products that can benefit the residents of a facility. These items may include personal care products such as shampoo, lotion, toothpaste, deodorant, feminine hygiene items, and/or clothing.

Examples of programs/organizations that may be eligible for the Residential Service:

Homeless Shelters

Domestic Violence Shelters

Elder Care Centers

Treatment Programs

Youth Centers

Dormitories

Detention Centers

Mental Health Facilities

### Qualifications for the Residential Service:

- ✓ Must be a residential facility – with a physical building and the ability to host residents for a minimum of an overnight stay
- ✓ Provides residents the appropriate supplies provided by PWNA
- ✓ Must be able to identify the nightly capacity and monthly/quarterly census of the facility
- ✓ Items are used by the facility and its residents and not shared with other programs or used for fundraising purposes

Once a request is approved and delivery is made, a one-page report form must be completed and returned to PWNA 90 days from the delivery date or the date indicated in your delivery packet.





Our warehouses strive to use all the different items generously donated to our inventory. To show that every item has value, we strive to demonstrate alternate uses for some of our less-requested items. Here are some examples of items that can be used creatively to meet needs in your communities.

**Isolation gowns**, typically used as PPE, can also be used as an artist’s smock or protective clothing when doing dirty chores around the house.

**Shoe protectors** can be used any time you want to protect your shoes or your floors. For example, wearing shoe protectors while out gardening will keep your shoes nice and clean!

**Disposable head covers** are typically used to protect your food from unwanted hair falling into it. Try them as well for hair treatments – apply moisturizer to your hair, cover it with the head cover, and let it sit overnight.

**Condoms** have many alternative uses. Did you know that you can fit up to 2 liters of water in a single condom? If you like fishing, inflate a condom halfway and tie it to your fishing line to get an instant bobber. Ever have trouble opening a jar? Use a condom to get more grip on the lid, and it should open right up! They can also be used to protect an injured finger from dirt and other bacteria.

**Disinfectant** (ammonia) is great for cleaning windows. It can also clean your jewelry. If you add a cup to your wash cycle, it softens fabrics and will get rid of musty odors in your clothes and blankets. Have a stain on your rug? Add 2 cups of ammonia to a gallon of warm water, spray the solution on the stained area, and blot to remove it. Use a 50/50 mix of water and ammonia to brighten white sneakers.



# Material Services

The holidays are right around the corner! Please keep in mind there is a set window of opportunity for you to submit a Thanksgiving and/or Holiday (Christmas) request.

- ✓ Accepting Thanksgiving Requests July 1<sup>st</sup> through September 20<sup>th</sup>, 2024
- ✓ Accepting Holiday (Christmas) Requests August 1<sup>st</sup> through October 18<sup>th</sup>, 2024

\*\* Submitting a request is not a guarantee that your request will be approved. ALL requests are reviewed and approved based on established selection criteria and partner standing with reports from prior requests. PWNA will notify you well in advance about the determination for your request.

# Long-Term Solutions

- ✓ LTS Long-Term Solutions will be conducting First Aid, CPR, and AED trainings with several tribal communities in the Southwest.

*If you need help with Material Services or Long-Term Solutions, please call us at 877-281-0808 or 602-340-8050.*

"I'd like to say thank you to the American Indian Education Fund (AIEF, a program of PWNA) for supporting me and many other young Native American students. I don't think I would have been able to afford buying a basic computer. I'd also like to thank AIEF and their donors for setting me up for college success."

**Aysha Brown**  
Navajo, Navajo Nation



## \*\*\* REPORT DEADLINE REMINDERS \*\*\*

Due 30 days after delivery:

- Healthy Living
- Community Events
- Food Pantry

Due 90 days after delivery:

- Standard Food
- Residential
- Animal Welfare



# CONTACT US

PWNA only delivers needed goods and services. We want to ensure the products we send fit your needs. If they do not, please call us so that we may better serve you.

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Kohatk, AZ March 22, 2024

