



PARTNERSHIP WITH  
**NATIVE AMERICANS**<sup>®</sup>  
[www.NativePartnership.org](http://www.NativePartnership.org)

Serving immediate needs,  
 supporting long-term solutions.

# SOUTHWEST NEWSLETTER

JANUARY 2024



## MESSAGE FROM THE PRESIDENT JOSHUA ARCE, PWNA PRESIDENT & CEO

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### PARTNER SPOTLIGHT

Carlene W. has been a Parent Educator with the Kinlichee FACE Program for two years. The program supports family literacy and learning in Kin Dah Łichii Ołta, 28 miles west of Window Rock, Arizona. The program also increases parent participation and provides services to integrate language and culture at home and school. They've collaborated with PWNA since 2018, utilizing services like Healthy Living, School Supplies, Community Events, Thanksgiving, and Holiday assistance. The staff appreciate the incentives received, especially for families in remote areas without transportation. Carlene acknowledges the savings for families, stating, "It saves them a trip in getting supplies." PWNA expresses gratitude for the Kinlichee FACE Program's ongoing partnership and commitment to their community.

Greetings Partners!

As we close out 2023 and look ahead, I hope you will take a moment to review this newsletter to reflect on your partnership with us and your efforts in the positive impact you've had on your communities.

Our work would not be possible without the dedication of each of our Program Partners. I look forward to all the positive things we will accomplish by working together in 2024 and beyond.

I wish you, your friends, your family, and your community members many blessings and love through the New Year.

Joshua Arce  
 PWNA President & CEO  
 Prairie Band Potawatomi





## LONG-TERM SOLUTIONS UPDATE 4D LEADERSHIP PROGRAM

It was a busy year for 4D in 2023, we had 13 individuals from Zuni, Hopi, Navajo, White Mountain Apache and Yavapai Apache Nation successfully graduate from the 6-month leadership program focused on professional and personal development. Each individual was paired with a Native professional key/mentor for the cohort to assist, ensure accountability, and provide resources to help participants meet their self-determined goals. Additionally, in working with the San Carlos Apache Tribe to provide the needed emergency preparedness trainings and leadership skills, we graduated a cohort of 13 individuals who received training in 1st Aid & CPR, CERT training, Active Shooter, Self-Defense & Self-Awareness, Family Emergency & 72-hour Kit planning, team building, goal setting and learning about their strengths, self-care and lateral violence. Lastly, we had two 4D alumni events for the adults and youth. It was a great time for reunited support, additional learning of self-worth, health and wellness, and overall community building. We're glad to be a part of their individual journeys to become successful advocate for their communities!

**This program came at the right time for me as I changed positions with my job and was the best decision I made professionally. I was able to build connections as I am an introverted person, but I found that it was easy to be myself, and I made relationships. Second, I was able to restore my confidence – this program helped push me out there. Shout out to my mentor Denisa! I have read and knew about the junk food tax on the Navajo Nation and the recognition it has made; to hear and see that my mentor was the main player was more validation that I am at the right place at the right time.**  
Thank you for the facilitation of PWNA in all of this. – Brittny, Zuni

## REPORT DEADLINE REMINDERS

### Due 30 days after delivery:

- Healthy Living
- Community Events
- Food Pantry

### Due 90 days after delivery:

- Standard Food
- Residential
- Animal Welfare

## INDIGENOUS RECIPE WILD RICE AND LAMB STEW

*Recipe property of Chef Denella (used here with permission)*



### INGREDIENTS

- 1 lb mutton, diced
- 2 onions, diced
- 3 celery stalks, diced
- 2 carrots, diced
- 4 potatoes, cubed
- 1 12-oz can tomato paste
- 2 cups wild rice
- 6 cups water
- 3 tbsp Paprika
- 2 tbsp onion powder
- 2 tbsp garlic powder
- 3 tbsp black pepper

### INSTRUCTIONS

1. Sear the lamb, onions, celery, and carrots for 10 minutes.
2. Add all the spices and tomato paste, cook about 2 minutes, then add potatoes.
3. Pour the water into the pot and boil for 45 minutes.
4. Add your wild rice and boil for an additional 35 to 45 minutes. (Wild rice blooms when it's cooked.)



## FEATURED PRODUCTS

The following items are available in our warehouse. Please be sure to ask about them when you complete your follow-up call with your Partnership Development Coordinator (PDC).

### Dietary Supplement

There's no tastier way to incorporate essential vitamins and nutrients than by adding vegetarian and gluten-free milk chocolate and vanilla cocoa bites into your daily routine.

### Water: Bottled 42 oz.

Essentia bottled waters are perfect for ionized hydration. If you do not have access to clean water because of faulty, outdated, or non-existent pipes or water systems, these are a great resource for you.

Other items include Zevia zero sugar soda – naturally sweetened so a great substitute for sugar and other sweeteners, 5 oz Ready Meals which can last 5-7 years, and heat-up Emergency Meal Kits with an entree, protein bar, hard candy, and powdered drink mix.

## CONTACT US

PWNA only delivers needed goods and services. We want to ensure the products we send fit your needs. If they do not, please call us so that we may better serve you.

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## SERVICE HIGHLIGHT SCHOOL SUPPLIES



Did you know PWNA offers a School Supplies service to eligible schools and Head Starts that serve Pre-K through 12th grade students located on or near reservations we serve? The supplies can help students be better prepared for homework and the classroom. They also save the schools/teachers/families funds they can use for another purpose. The School Supplies service consists of the following age-appropriate components:

- Head Start: Supplies such as jumbo crayons, paper, and folder
- Elementary School: Supplies such as wide-ruled paper, pencils, and a ruler
- Middle/High School: Supplies such as 3-ring binders, pens, and calculators

The School Supplies service is offered once a year; requests are taken beginning in January. The last day to submit a request is May 1st. Once received, it will be reviewed, and the partner will be notified whether the request was approved or declined. Once approved, accurate and complete reporting is essential to participate in the School Supplies service. The report and distribution log(s) are due within 30 days after your delivery date.

Children's Stocking Delivery  
Navajo Reservation



## IMPACT BY THE NUMBERS SEE THE DIFFERENCE YOU ARE MAKING

Collaborating with amazing Program Partners like you has helped us work efficiently and effectively for more than 30 years on remote reservations. Here's how partnering with dedicated friends like you continues to make a positive impact in Tribal communities (through November 2023):

### SAVE THE DATE



**Daylight Savings Time Begins –**  
Sunday, March 10, 2024

**American Indian Education  
Fund (AIEF) Scholarships  
Deadline - April 4, 2024.** Visit  
[aiefprogram.org](http://aiefprogram.org) for more info!

**2024 PWNA Delivery Calendar**  
will be in your January delivery  
packet and can also be  
downloaded from the [Program  
Partner website](#). Keep in mind  
that January deliveries do not  
run on a “normal” schedule.

**1,761**  
SHIPMENTS

**115,357**  
MILES DRIVEN

**1,679,208**  
LBS OF SUPPLIES

 **12,085**  
SERVED THROUGH  
EMERGENCY SERVICES

 **15,765**  
SERVED THROUGH  
EDUCATION SERVICES

 **45,485**  
SERVED THROUGH  
HEALTH SERVICES

 **1,642**  
SERVED THROUGH  
ANIMAL WELFARE

 **45,476**  
SERVED THROUGH  
FOOD SERVICES



## EDUCATION UPDATE

**2024-2025 SCHOLARSHIP  
APPLICATIONS ARE AVAILABLE  
NOW ON OUR WEBSITE!**

We encourage all Undergrad, Grad, and Vocational students to apply! (Funding varies from \$500-\$2,000 per year.)

A huge thank you to everyone involved in assembling and shipping out 262 student holiday boxes and 53 children's stockings for our 2023-2024 AIEF scholarship students!



**We reached our goal of  
serving 1,000 community  
members!**

- Kaycee L., Community Food Pantry  
Zuni, NM – Zuni Pueblo  
(using the PWNA Food Pantry service)