



**Mission: Serving immediate needs. Supporting long-term solutions**  
**Vision: Strong, self-sufficient Native American communities**

## Program Partner Highlight

Working as Committee Health Nutrition Coordinator for 23 years at Indian Health Service (IHS) in Whiteriver, Arizona, Lucy Castillo-Rubio has seen it all during her time in public health. An Alaska Native, Lucy had a choice to move to Idaho, California or Arizona in her earlier career. Ultimately moving to Phoenix, she accepted a position with IHS in Whiteriver. Originally drawn to the Fort Apache Indian Reservation for its landscape and ski resorts, she stayed for her lasting impact on the community and even met her husband there.

During the COVID-19 pandemic, providing both inpatient and outpatient care came with its share of challenges for Lucy's team, from a decrease in the number of onsite patients to their transition to telehealth appointments. With restrictions now slowly lifting, Lucy is excited to see more patients and start home visits again. "If [patients] won't come in for visits, we try to go visit them... We'll go to their homes, and they love that."

Lucy promotes health equity through nutrition and dietary education. She says the supplies and incentives provided by the Healthy Living service over the past 20 years help a lot as they serve many patients and bring people into her program.

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**PWNA DELIVERS ONLY  
NEEDED GOODS AND SERVICES**

We want to make sure the products we send fit your needs.  
If they do not, please call us so we may better serve you.

**Lucy Castillo-Rubio**  
Public Health Nutrition  
Coordinator

# Frequently Asked Questions

**Q: Can two people from the same organization and the same department partner with PWNA?**

A: Both individuals can submit a request for services; however, PWNA staff will determine whether both individuals qualify for services.

**Q: I am currently using one of the PWNA services, am I eligible to apply for another PWNA service?**

A: Program partners may request and participate in more than one PWNA service. Just submit a request form, which we will review to see whether your program qualifies for the specific service being requested.

## PWNA Updates Forms

Partnership With Native Americans (PWNA) strives to ensure our guidelines, request forms and report forms are as user friendly as possible. We meet as a team to discuss any changes to our forms that will help PWNA capture information helpful to both PWNA and our Program Partners. This year we made a few changes on each of the forms.

- All service guidelines will reflect similar language for Partner Expectations, Minimum Qualifications and Reporting.
- All request forms will reflect similar language regarding Program Partner goals.
- All report forms have minor changes, adding the disclaimer to all forms and adding a HOLD box.
- The bottom right-hand corner of each form shows show the latest revision date, example **Rev. 05/22**.

The revised forms are on our website and in the delivery packets. Please begin to use the revised forms effective immediately. If you have questions, please contact our office at your convenience, (602) 340-8050. Thank you!

## PWNA Staff Spotlight



**Alex Varela**  
Warehouse Lead

Alex Varela is the Warehouse Lead for the Southwest area. He has been with PWNA since February 2020. Prior to joining us, he was a Production Warehouse Associate for 10 years working in quality control. Alex was looking for a change and was not sure what to expect when he came to PWNA. He was surprised to learn that we support Native American communities by providing incentives for those participating in your programs.

The most challenging aspect of his job was learning about all the products and locations in the warehouse. His first memory of working with PWNA is how welcoming the staff was and learning about the different tribes we serve.

While Alex has visited a few partner sites, he was unable to greet anyone due to COVID protocols (social distancing and mask). Something you may not know, Alex picks all your orders and gets them ready for delivery. He looks forward to working with you, and if there are any issues with the packaging of your pallet, he wants you to let him know!

## Report Deadlines

**Due 30 days after delivery:**

Healthy Living  
Community Events  
Food Pantry

**Due 90 days after delivery:**

Residential  
Standard Food  
Animal Welfare

## New in Your Delivery Packet

In the Southwest, PWNA works with Program Partners throughout Arizona, New Mexico, Utah, and parts of California and Colorado. A **“Program Partner”** is any organization or program that serves Native American people on or near a reservation community. The organization (not the individual contact) is the Program Partner and typically offers their services through home visits, meetings, classes, appointments or community events. PWNA collaborates with Program Partners to assist reservation-based community programs aimed at improving the lives of their people.

PWNA has a variety of services you may be able to utilize, depending on the type of activity you are offering. If you are interested in collaborating with PWNA as a Program Partner, please visit [www.swnativepartners.org](http://www.swnativepartners.org) to learn more about our services and download a request form. Then submit the completed form to our office for review. If you have any questions about PWNA services, just call us toll-free at (877) 281-0808. Our staff is on standby ready to assist you.

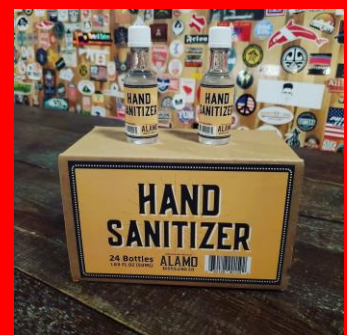


The Southwest nations we currently serve include: the Cocopah, Colorado River Indian Tribes, Gila River Indian Communities, Hualapai, Hopi, Mescalero Apache, Navajo, Quechan, San Carlo Apache, the Southern and Northern Pueblos in New Mexico, Tohono O’odham, Ute Mountain Tribe in Colorado, White Mountain Apache, Yavapai Apache and Zuni Pueblo.

## Featured Product

*Do you have an abundance of Hand Sanitizer?  
Here are some surprising uses for it!*

- Shine and sanitize your cell phone with a dab of sanitizer and a soft cloth.
- Erase ‘permanent’ markers from white boards, hard surfaces and walls. (Be sure to test in an inconspicuous spot first.)
- Clean mirrors and windows with a dab or two on a clean cloth and wipe that mirror streak free. It will prevent frost and fogging.
- Use on paper towels to sanitize surfaces such as counter tops, public surfaces like grocery cart handles, airplane trays, steering wheels, diaper changing tables, your keyboard and mouse, ATM machines, gas pumps, highchairs and tabletops in restaurants.
- Disinfect minor wounds in case of emergency.



## Contact Us!

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## Save the Date: Request Deadlines

**Daylight Savings Time Ends on Sunday, November 6th.** Remember to turn your clock back one hour!

The **Holiday deadline** is coming up fast! The last day to turn in a Holiday request is **Friday, October 21st.**

The last day to submit a report renewal or request form for **one last 2022 delivery is Friday, November 18th by noon.**

Be sure to start using **the 2022 revised request forms and the 2022 report renewal forms.** PWNA is utilizing the information you provide about how we affect progress toward your organization's goals.

Partnership With Native Americans would like to thank you for your valued partnership. We look forward to a strong, lasting relationship with your organization.



For any PWNA report/request forms, visit [www.swnativepartners.org](http://www.swnativepartners.org) or call 1-877-281-0808.