

SOUTHWEST NEWSLETTER

OCTOBER 2024

MESSAGE FROM THE PRESIDENT

JOSHUA ARCE, PWNA PRESIDENT & CEO



Greetings Program Partners!

The weather is starting to change, the leaves are doing the same, and we are creeping towards the fall season. Fall harvesting is happening, and winter preparations are on the horizon.

As our communities gear up for fall and winter activities, we get the chance to huddle closer, reflect on the past year, and make plans for the future. Our reflection now can help chart our path for the spring, and the holiday season of fellowship, family, and community can recharge our relationships and carve the path for partnerships in the next year.

We appreciate your continued partnership and support. To serve you better, we must continue to hear from you. Please share with us your holiday plans, and spring initiatives, we look forward to supporting another year of activities, programming, and success.

From the PWNA Team to you, your team, and your community, we wish you many blessings through the end of the year!

Migwech!



PWNA President & CEO
Prairie Band Potawatomi Nation

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Partner Spotlight

Frank Smith is the Supervisor for the Senior Center located in Sanostee, NM on the Navajo Nation. He has been the Supervisor at the center since 2005, and in this role, he wears many hats. Sometimes he fills in as a van driver, activities coordinator, and even a cook! He believes in cross-training his staff so they can better serve the Elders at the center. He enjoys collaborating with people and was taught to have respect for the Elders.

Frank has been a Program Partner with PWNA since 2006. Under his direction, the Senior Center has participated in many PWNA services. He regularly utilizes our Standard Food and Healthy Living services. The Sanostee Senior Center has also participated in our seasonal services like Thanksgiving meals for Elder households and Elder Gift Bags for Christmas.

The Sanostee Senior Center utilizes PWNA services year-round. Standard Food supplies are used in the daily menu and supplements their program food budget. During the holidays, Frank uses PWNA seasonal services to encourage Elders and community members to come together to socialize and have fun. In his goal to serve all Elders in the community, Frank knows many Elders living in multi-generational households are facing tough economic times.

Thank you, Frank, for your service and hard work to support your Elder clients in your community.

FRANK SMITH



Indigenous Recipe

Fancy Navajo Blue Corn Pumpkin Pancakes

By Chef Alana Yazzie



INGREDIENTS

- 1/2 cup roasted blue cornmeal
- 1/2 cup all-purpose flour
- 1/2 tsp baking soda
- 1/4 tsp salt
- 1 tbsp granulated sugar
- 1 tsp pumpkin pie spice
- 4 tbsp pumpkin puree
- 1 large egg
- 1 cup milk
- 1 tbsp butter or nonstick spray
- Optional: Maple syrup
- Optional: Nuts (pecans, almonds, pine nuts)

DIRECTIONS

1. In a large bowl, whisk together blue corn meal, all-purpose flour, baking soda and salt.
2. In a separate bowl, whisk together sugar, egg, milk, pumpkin puree and pumpkin pie spice.
3. Slowly add wet ingredients to dry ingredients, and mix together until smooth.
4. Heat griddle or pan to medium heat.
5. Melt a little butter into griddle or pan.
6. Scoop up 1/4 cup batter and pour into pan. Batter will form a circle.
7. Cook until bubbles start to form at the top, then flip and cook until brown.
8. Top pancakes with your choice of nuts or no nuts.
9. Top with maple syrup or your choice of sweetener.

(Recipe reprinted with permission)



COLLABORATION CORNER

Basic First Aid, CPR, and AED trainings were conducted in tribal communities with the San Carlos Apache, Fort Yuma Quechan, White Mountain Apache, and Kaibab Band of Paiutes. Participants received a two-year certification and first aid kits, and the community received a new AED machine to be placed in a high-traffic community building. Participants ranged from young adults to elderly people, and there was a great exchange of stories and experiences, and everyone learned something new from each other.



“As a bus driver, all this is very important for students K-12 and in the community. Planning for an emergency or being prepared for the unexpected emergencies.”

- Participant, White Mountain Apache Tribe | Cibecue, AZ

“I now feel more confident in providing care to the Elders around me as well as my own children.”

- Participant, Kaibab Band of Paiute | Fredonia, AZ



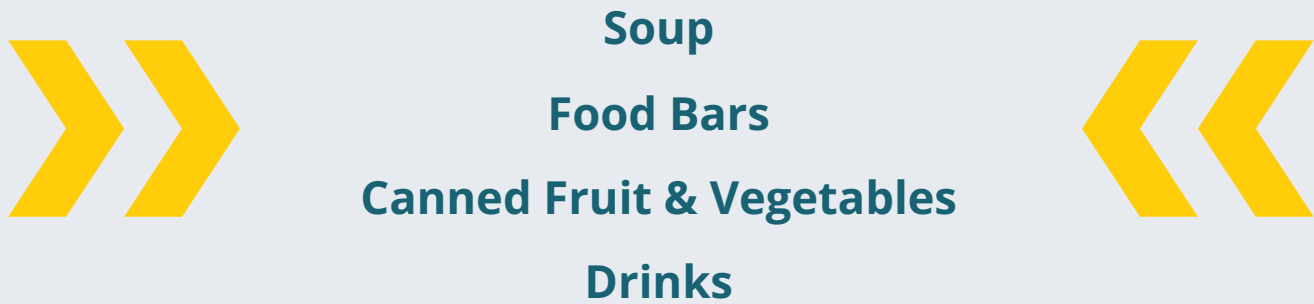
Service Highlights

FOOD PANTRY

Partnership With Native Americans (PWNA) offers the Food Pantry service to reservation food pantries to help supplement their food products and help support the nutritional basic needs of the community members.

If approved for the service, PWNA will send non-perishable food items to supplement the food pantry boxes that are distributed. Examples of such items include soup, food bars, canned fruits or vegetables, or drinks.

If you know of a reservation food pantry that can benefit from this service, please have them contact the office at 877-281-0808 to discuss if they qualify.



Qualifications for the Food Pantry Service:

- ✓ Established food pantry which means that you have been a food pantry for at least one year and are registered as a food pantry or recognized by others as a food pantry.
- ✓ Established guidelines as to who can receive food.
- ✓ Designated distribution times.
- ✓ Receive food items from other organizations on a regular basis.





Our warehouses strive to use all the different items generously donated to our inventory. To show that every item has value, we strive to demonstrate alternate uses for some of our less-requested items. Here are some examples of items that can be used creatively to meet needs in your communities.

Multi-Purpose Cleaner: Lavender scent can be used to clean floors and other surfaces that can be cleaned with water.

Disinfectant: Ready to use disinfectant cleaner, is mostly used in cleaning hospitals, schools and nursing homes but can also disinfect surfaces like walls, tables, bathroom tile, kitchen counters, stovetops and cabinets. DO NOT use disinfectant on eating utensils, plates or glassware.

Dishwashing Detergent Pots/Pans: Liquid dishwashing detergent for use on glasses, dishes, pots and pans.

PPE: We have multiple types of face masks – disposable, N-95 masks and disposable children’s masks. Shoe covers can be used to keep mud off your shoes. Head covers can be used to cover bowls. Isolation gowns can be used as an art smock or to keep your clothes clean.

IMPACT BY THE NUMBERS

93,074

MILES DRIVEN

1,281

SHIPMENTS

1,465,133

LBS OF SUPPLIES

495

SERVED THROUGH ANIMAL WELFARE

32,321

SERVED THROUGH HEALTH SERVICES

9,119

SERVED THROUGH EMERGENCY SERVICES

14,808

SERVED THROUGH EDUCATION SERVICES

21,333

SERVED THROUGH FOOD SERVICES



EDUCATION UPDATE

The AIEF Scholarship Committee convened in June to select scholarship recipients for the 2024-2025 academic year.

We awarded 5 vocational students, 126 undergraduates, 47 graduate students, and 10 4-Year students. Each scholar received a welcome box of essentials to help them start their fall semester in a good way.

Additionally, 21 scholars benefited from the AIEF Freshman Laptop program, which provided them with laptops and backpacks, reducing any technical obstacles in their studies and assignments.



“You're making a big impact on Native students, so thank you for all you do and thank you to Partnership With Native Americans (PWNA).”

Callie Edgewater,
from Greasewood Springs, AZ, lives in Tempe, AZ and is a Junior at Arizona State University



SAVE THE DATE

Material Services

- ✓ Daylight Savings Time Ends on Sunday, November 3rd. Remember to turn your clock back one hour!
- ✓ The Holiday deadline is coming up fast! The last day to turn in a Holiday request is Friday, October 18th.
- ✓ The last day to submit a report renewal or request form for one last 2024 delivery is Friday, November 22nd.



Partnership With Native Americans would like to thank you for your valued partnership. We look forward to a strong, lasting relationship with your organization.

If you need help with Material Services or Long-Term Solutions, please call us at 877-281-0808 or 602-340-8050.

*** REPORT DEADLINE REMINDERS ***

Due 30 days after delivery:

Healthy Living
Community Events
Food Pantry

Due 90 days after delivery:

Standard Food
Residential
Animal Welfare



CONTACT US

PWNA only delivers needed goods and services. We want to ensure the products we send fit your needs. If they do not, please call us so that we may better serve you.

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Kohatk, AZ March 22, 2024

