



## PARTNERSHIP WITH NATIVE AMERICANS®

Vision: Strong, self-sufficient Native American communities  
Mission: Serving immediate needs. Supporting long term solutions.

### Program Partner Highlight

The Kaibeto Senior Center opened in the early 1980's and has been a PWNA program partner since 2003. Kaibeto is located on the Navajo Nation 35 miles west of Page, Arizona. The staff at the center – Helena Begay, Marlene Fowler and Gary Bedonie – provide transportation, social services, health education, meal services exercise and socialization for the Elders. The staff even takes Elders to the local store, laundromat and shopping center in Page (or sometimes Tuba City 45 miles south) for essential items. They serve Elders hot, nutritious meals five days a week. When the COVID-19 pandemic began, they were serving meals to 54 Elders; now they are up to 100 home-delivered and curbside meals a day.

The Kaibeto Senior Center uses several PWNA services: Standard Food, Healthy Living, Thanksgiving and Christmas Elder Bags. The Standard Food service supplements their menu and helps them save money on staple foods like flour and beans. Healthy Living helps them motivate participation in center activities. When Helena and the other staff first heard about COVID-19, they organized classes to promote social distancing, handwashing, personal hygiene and mask wearing – and they motivated attendance by offering PWNA Healthy Living incentives. The staff helped Elders make signs telling people not to visit them during the pandemic and explained in detail why the Navajo Nation put curfews in place.

What the senior center most appreciates about PWNA is how the staff is aware of their program needs, steps they take to make things easier for the center's staff, and the deliveries made directly to their center.

Helena, Marlene and Gary invite you to stop by the Kaibeto Senior Center for a visit when the pandemic is over!

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**PWNA DELIVERS ONLY NEEDED GOODS AND SERVICES**  
We want to make sure the products we send fit your needs.  
Please call us if they don't so that we may better serve you.

**Helena Begay, Marlene Fowler  
and Gary Bedonie  
Kaibeto Senior Center**

# Frequently Asked Questions (FAQs)

**Q. Due to COVID-19, I am not able to do my regular home visits or have contact with clients for classes or one-on-one activities. All our activities are now over the phone or virtual meetings (Zoom, FaceTime, video calls). Is that okay?**

A. If you continue to provide education to your clients/families and they are participating in your program, phone contact and virtual meetings can count as a home visit or class and are eligible for PWNA incentives. We understand there have been many changes this year.

**Q. Can my organizational apply for the Emergency Service?**

A. Yes, any partner may submit a request if those your serve have an emergency need. Many Program Partners who are requesting COVID-19 emergency relief on behalf of their communities. To submit a COVID-19 emergency request, we encourage partners to coordinate with your local tribal government or emergency management office.

**Q. Due to COVID-19, I am unable see my clients to get signatures for the Distribution Log. What do I do?**

A. During this pandemic, we ask that you continue to submit the Distribution Log. Instead of signatures, however, PWNA will accept a list of names for the people you served.

## Report Deadlines

**Due 30 days after delivery:**

Healthy Living  
Community Events  
Food Pantry

**Due 90 days after delivery:**

Residential  
Standard Food  
Animal Welfare

### PWNA IS OPEN!

Doing business has changed dramatically for many organizations during the COVID-19 pandemic. We're all adapting to the "new normal" and PWNA is no exception! As a result, we have established new safety protocols to keep you and your communities safe. Here are some of the things that have changed, as well as some things that stayed the same.

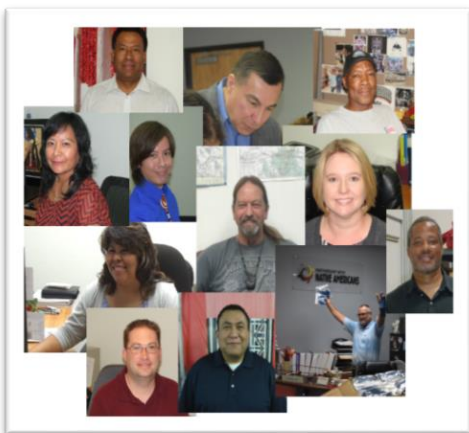
#### **STAYED THE SAME**

- We are open and making deliveries to our Program Partners.
- We have the same great services to offer.
- Our drivers are still bringing product right to your place of business.
- The process for requesting and reporting are still in place.
- We are still serving Program Partners year-round.

#### **CHANGED**

- Our staff wears masks, maintains proper social distance, and uses hand sanitizer.
- Deliveries are made with as little contact as possible.
- PWNA is flexible with sign out sheets— we accept a list of those you served rather than signatures.
- Education offered virtually, by phone or through printed materials is still eligible for PWNA incentives.

## Spotlight on PWNA Staff



Southwest PWNA Staff

More time can be provided to distribute your items – please contact our Phoenix office if you need an extension. PWNA has tailored its Emergency service for COVID-19 situations. We appreciate your partnership and want you to know we are here for you.

# New in Your Delivery Packet

We need to continue being vigilant to protect ourselves and our family in the ongoing pandemic. Many of our families live in multi-generational households, so PWNA condensed the Guidance for Large or Extended Families Living in its Same Household publication.

Here are several key points from the CDC to help minimize community spread:

- Protect the household when you leave for errands.
- Protect household members at high risk for severe illness.
- Care for a household member who is sick.
- Eat meals together and feed a sick household member.
- Protect children and others from getting sick.

CDC also recommends that everyone stay home whenever possible. If you must go outside your home, wear a mask, practice social distancing and wash your hands frequently.

For more information, visit: [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

### Guidance for Large or Extended Families Living in the Same Household

Older adults and people of any age who have serious underlying medical conditions are at higher risk for severe illness from coronavirus disease 2019 (COVID-19). **If your household includes people in these groups, then all family members should act as if they, themselves are at higher risk.** This can be difficult if space is limited for large or extended families living together. The following information may help you protect those who are most vulnerable in your household.

**How to protect the household when you must leave the house**

**Don't leave the household unless absolutely necessary!**

For example, only leave if you must go to work, the grocery store, pharmacy or medical appointments that cannot be delayed (such as for infants or for people with serious health conditions). Choose one or two family members who are not at higher risk for severe illness from COVID-19 to do the needed errands. **If you must leave the house please follow these tips.**

Avoid crowds, including social gatherings of any size	Don't touch frequently touched surfaces in public
Wash your hands immediately when you get home	Maintain distance at home from high risk household members
Don't ride in a car with members of different households	Don't use public transportation, if possible

**Remember**

- Stay home
- Always wear a mask
- Keep at least 6 feet away from other people
- Wash your hands often

**How to protect members of the household who are at higher risk for severe illness**

Adults 65 or older and people who have serious underlying medical conditions are at highest risk of severe illness from COVID-19. **If your household includes people in these groups, then all family members should act as if they themselves, are at higher risk.**

Cover your coughs and sneezes	Use an alcohol-based hand sanitizer
Don't have visitors unless they NEED to be there	Clean & disinfect your home

**How to care for a household member who is sick**

Most people who get sick with COVID-19 will have only mild illness and should stay home to recover. Care at home can help stop the spread of COVID-19 and help protect people who are at risk for getting seriously ill of COVID-19.

Have person stay in one room, away from people	Use a separate bathroom, if possible
Stay hydrated, rest, use over the counter medicine	Monitor—if signs of pain, trouble breathing, seek emergency help

**How to eat meals together and feed a household member who is sick**

If possible, make a plate for the sick household member to eat in a separate area they are staying in. If they cannot eat in the separate area they are staying in, they should stay at least 6 feet away from other members of the household during meals. Or, they should eat at a different time than others in the household.

Don't help prepare food if you are sick	Use clean utensils when serving the food
No sharing plates or utensils with each other	One person take food to and clean up after the sick person

**How to protect children and others from getting sick**

Adults 65 years and older and people who have serious medical conditions should avoid caring for the children in the household, if possible. If people at higher risk must care for the children in their household, the children in their care should not have contact with individuals outside the household.

Don't let children have in-person playdates	Help children connect with others through video chat/phone calls
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## Featured Products



These cardboard baby room pictures can be used as coasters, cooling pads for cooking, and other arts and crafts. Use your imagination!

You can mark them up, separate them, or glue them together however you want. The pictures can be hung on a wall or displayed in a frame. Don't forget to ask about them with your next order.

These slipcovers are made from twill, which is a very durable fabric that hides stains well and much like denim. It is also machine washable and easy to clean.

If you can sew, you can repurpose them into pants or overalls for work. They can also be used to make a curtain or bed cover (although not very soft).

If you cannot sew, they can be used for a drop cloth, an art cover, a cover for outside furniture, a wrap if it gets cold, or a floor covering.







## Contact Us

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**S.T.R.I.V.E. (Seek. Teach. Reclaim. Indigenous. Venture. Endure.)**

### **S.T.R.I.V.E. INDIGENOUS FOODWAYS FORUM** **OCTOBER 28 - 29, 2020 - 9:00 AM - 3:00 PM**

#### **DESCRIPTION**

Partnership With Native American is pleased to present you with an opportunity to connect, discuss and share relevant issues related to Indigenous foodways. We have invited guest speakers Denisa Livingston, Nephi Craig, Katosha Nakai and Jaime Butler to share up-to-date best practices, policy recommendations and so much more.

#### **OBJECTIVE**

Connect with other participants and discuss the most current knowledge and skills with Native farmers, producers, ranchers and other practitioners involved in indigenous food systems.

#### **Contact**

If you have specific questions, contact Shane Burnette, our Long-Term Solutions Manager, at 877-281-0808 or by email at: [sburnette@nativepartnership.org](mailto:sburnette@nativepartnership.org).



For any PWNA request form, visit [www.swnativepartners.org](http://www.swnativepartners.org) or call 877-281-0808.