



PARTNERSHIP WITH NATIVE AMERICANS®

Southwest Quarterly Newsletter

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Our Vision

Strong, self-sufficient Native American communities

PWNA DELIVERS ONLY NEEDED GOODS & SERVICES

We want to make sure the products we send fit your needs. Please call us if they don't so that we may better serve you!

Program Partner Highlight

Advocacy for community members is one of the most important aspects of being a Community Health Representative (CHR). Dedicating themselves to providing the best care and health education for community members, CHRs typically are from the community in which they work. CHRs have vast knowledge of health topics and most have traditional tribal knowledge that is crucial to helping residents.

Working as a CHR for the Navajo Nation CHR program, whose goal is "to improve the general health status of the Navajo people through direct home health care, community health care and health education in coordination with tribal and IHS programs, Kathrine (Kathy) Nelson covers the Indian Wells and Dilkon, AZ communities.

Since July 2006, Kathy has been a Program Partner of Partnership With Native Americans (PWNA), her first request being our Community Event service for Health Fair incentives. Since then, Kathy has taken advantage of multiple PWNA services such as Healthy Living and the Holiday service for Elder gift bags.



**Kathy Nelson
Indian Wells/Dilkon CHR**

Kathy began using PWNA's Healthy Living service for her home visits and occasional classes. She often travels to patients who live in remote areas where a pickup truck is needed to navigate the rough terrain. During most visits, she shares, in Navajo (Diné) language, health education on diabetes, hypertension and nutrition, and she checks on high-risk clients. Kathy also does seasonal presentations at the local chapter house or

senior center on topics ranging from winter preparedness and resources to staying hydrated in hot weather, to gardening, to Rocky Mountain Spotted Fever and Hanta Virus.

In the traditional Navajo way, Kathy is related to many of her clients; that is how they relate to one another, how she treats them and they her — there's an instant bond. Kathy uses the Healthy Living incentives from PWNA to help motivate her clients to continue their checkups with her and to save money.

This year, Kathy began working her 18th year as a CHR. She is a mother of five children, married and grateful for everything life has given to her. Living in an isolated area, where the nearest Walmart is 50 miles away, the gifts and incentives go a long way for her clients, especially the Elders and Kathy is thankful for them. The supplies provided by PWNA have helped make it easier to enter the homes of her clients, develop long lasting relationships and give back to the people she loves.

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Community Event Service

Many programs are on summer break, but if you are having an event that involves your entire community, PWNA may be able to support your event through our **Community Event service**.

This service supports community activities held by organizations that are assisting Native American reservations in the Southwest and encouraging community members to work together to make positive changes that will enrich themselves and others.

If you are eligible for the Community Event service, you can receive incentives to help motivate community members to participate in your upcoming event(s). The service criteria has been updated, but still supports partners wanting a service that promotes their organization's message and supports their desired program results and goals.

Partners utilizing the Community Event service must have participants sign the distribution log (sign-out sheet) for the incentives they received and submit it with their report. Partners must only provide the incentives to participants that attend the complete event. Accurate and complete reporting is essential and the incentives are not to be shared with another service or program.

Some **examples** of qualifying community events are:

- Health screenings and job fairs
- Domestic animal spay and neuter clinics

- Promoting no-cost wellness runs, walks, and fitness to participants
- Environmental projects (picking up garbage, cleaning ditches, etc.)
- Trainings and conferences that enhance the lives of elders, children, and adults (parent orientation, youth camps, etc.)

The Community Event request form should be submitted at least two weeks in advance of your zone delivery week. The report is due 30 days after the date of your event. Your Community Event request form should include **two of your organization's goals** that will align with your event. Remember, your organization's goals can be used more than once on this and future requests, as long as the goals align with the event in question.

Advertise your event through emails, flyers, and word of mouth. Recruit volunteers (or staff) to assist you with unloading the truck and organizing and running your event from beginning to end.

Your PDC (Partner Development Coordinator) will go over the request form with you, once your request is approved. Also, remember the Community Event service is not ongoing; you need to complete a "new" request for each event to continue utilizing the service.

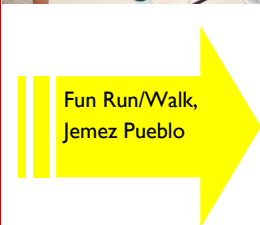
Community Event Photos



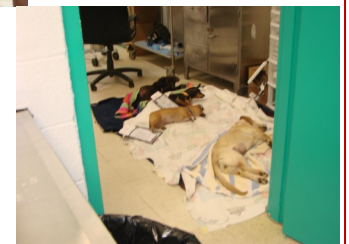
NativeVision Sports and Lifeskills Camp, Navajo Nation



Spay and Neuter Clinic, Gallup, NM



Annual Senior Games, Quechan



In The Spotlight



Chad Suchy
Warehouse Manager



Many years ago, Chad accepted a temp job helping a nonprofit make children's stockings. He was impressed with their work and a few months later began working in their (our) warehouse. Today, Chad Suchy has been PWNA for 12 years, first as an inventory Receiver, then as Inventory Control Specialist and since 2016 as Warehouse Manager.

The most challenging part about working with PWNA is hearing that Program Partners are asking for a certain product that we don't have in inventory due to lack of resources or availability. He understands how important appropriate incentives are and does his best to keep things running smoothly in the warehouse. Chad says the best part of working at PWNA is experiencing things he would never have been part of without the PWNA-Program Partner relationships. He shares, "I have been fortunate to take part in the 2008 Grandma Thomas walk, play soccer with New Mexico youth in 2015, and play Santa Claus with Ganado children in 2016."

Report deadlines

Due 30 days after delivery:
Healthy Living
Community Events

Due 90 days after delivery:
New Baby
Residential
Standard Food
Animal Welfare

Train the Trainer (T3)



Shelden Nuñez-Velarde, a member of the Jicarilla Apache Nation, is recognized all over the U.S. for his exquisite pottery. Sheldon came to the People's Farm in Canyon Day, AZ to conduct a hands-on Jicarilla cooking pottery workshop at a PWNA Train-the-Trainer (T3) nutrition workshop. The 10 participants enjoyed 3 days with Shelden for a heartfelt experience and got to leave with a Jicarilla cooking pot of their own making.

"It was very interesting to learn about the tradition of pottery making by the Jicarilla Apache. While I was actually participating in the workshop, my mind was time traveling. My thoughts drifted deep into the past and far into the future, while remaining connected to the present. I felt grateful to participate and have the opportunity to create a functional cooking pot for my wife and a bowl for my oldest daughter. The pots I have are on display in our home and we tell others about our experience with Jicarilla pottery making. I will continue telling others about the practice and using the pot during my teaching seminars in our home community." — Chef Nephi Craig



Product Highlight



Floor Squeegee Head



PWNA has a variety of products available to you as Program Partners. As you can see, we have dog toys and squeegee heads (handle not included) that can be utilized by most everyone. We also received new products that can be used for personal health needs.

If you have any question regarding any product, please ask your PDC (Program Development Coordinator) during your follow-up call when we are reviewing your order.



Essential Oils



Squeaky Dog Toy



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Phoenix, AZ 85034
Phone: (602) 340-8050
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Toll Free: 877-281-0808

OUR MISSION:

Serving immediate needs.
Supporting long-term solutions.

ADDRESS CORRECTION REQUESTED

Important Information

New Office Hours

Partnership with Native Americans (PWNA) has new office hours.

MONDAY—THURSDAY
6:00 AM—4:30 PM
CLOSED on FRIDAY

This will mean one change for our Program Partners. During the week that we are processing orders for your zone, the report/renewals and requests will need to be in by the end of the day on **Wednesday** instead of Thursday. If you are unsure of what zone you are in, please contact the office.

Our new office hours **will not** impact your delivery schedule.

If you have questions or need a **PWNA** request or report form, visit
www.swnativepartners.org or call us at 877-281-0808.