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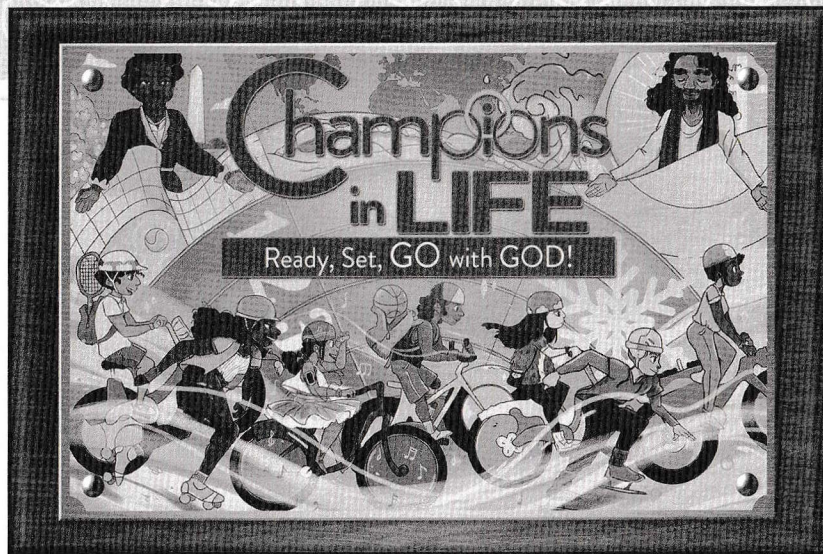


Champions
in **LIFE**

Ready, Set, GO with GOD!

YOUNGER ELEMENTARY

Student Handbook (Grades 1-3)



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Champions in Life: Ready, Set, GO with GOD!

Younger Elementary Student Handbook

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LESSON 1 GET IN THE RACE! (2 SAMUEL 18:19-32)

MEMORY VERSE

So run to win.

(1 Corinthians 9:25b)

1. Put the stickers in the right places to tell the story.
2. In the space, draw your face. In the blank, write your name.
3. Circle the Memory Verse and the What's the Goal phrase.



_____ will get in the race
and BRING GOOD NEWS.

The good news is

JESUS LOVES ME!

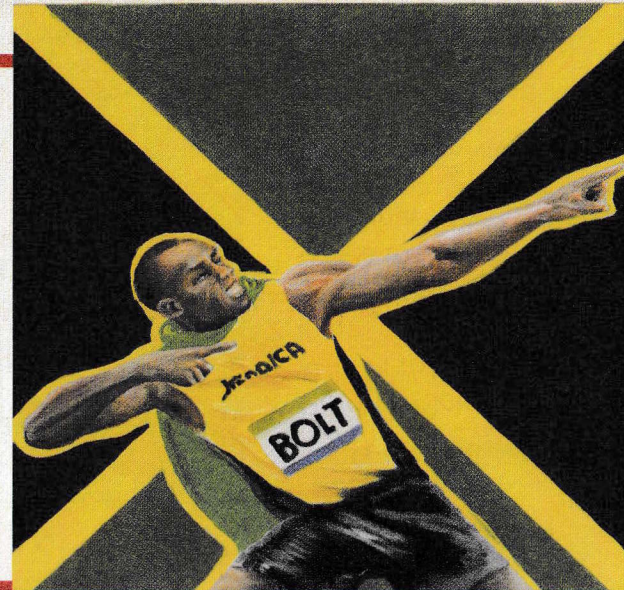
SPORTS SPOTLIGHT GOLD MEDAL MATH



1. Jesse Owens lived between 1913 and 1980. How many years did he live? _____
2. Jesse Owens won _____ gold medals in 1936. Place stickers for the number of gold medals he won.
3. Jesse Owens ran in the 1936 Olympics, but was not honored by an American president until 1976.
How many years is that? _____
4. In 1980, Jesse Owens set up a foundation to help college athletes. How many years has it been in existence?

5. Jesse Owens ran in the 1936 Olympics. Usain Bolt ran the Olympics for the first time in 2008.
How many years are between 1936 and 2008? _____

6. Usain Bolt won three gold medals in each of these Olympic Games: 2008, 2012, and 2016. How many medals altogether? _____
7. Usain Bolt won the World Junior Championships at the age of 15, the youngest person ever! He was born in 1986. What year did he win? _____
8. Which sticker describes Usain's nickname?



In the Olympics and other world championship games, there are three top honors. First place is a gold medal, second place is silver, and third place is copper or bronze.

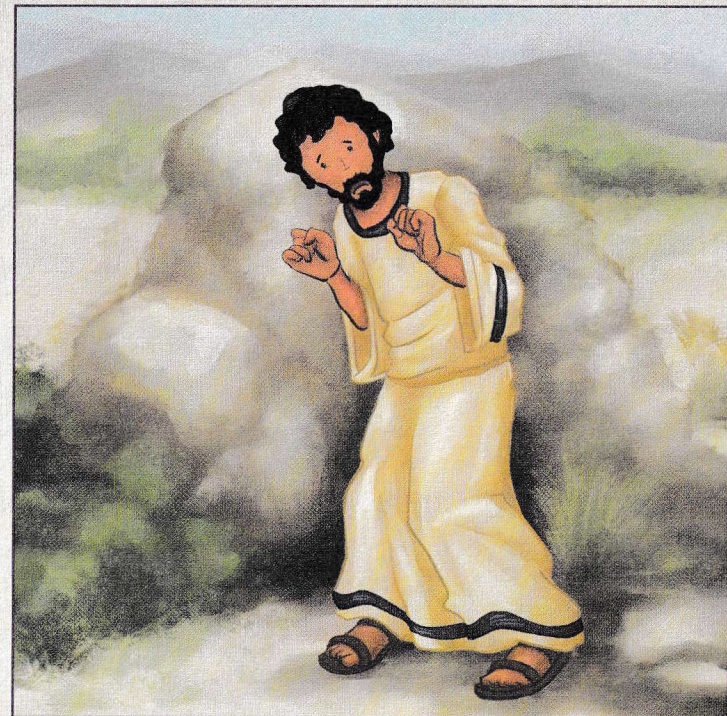
Find the Scripture. Write either gold, silver, or copper in the blank. Use two silver medal stickers.

1. **GENESIS 13:2**—Abram was very wealthy in livestock, silver and _____.
2. **EXODUS 35:5B**—Whoever freely wants to give should bring the LORD's gift offerings: gold, _____, and _____.
3. **2 CHRONICLES 1:15**—In Jerusalem, the king made _____ and _____ as common as stones.
4. **PSALM 12:6**—The LORD's promises are pure, like _____ that's been refined in an oven, purified seven times over!
5. **PSALM 119:72**—The Instruction you've given me is better than thousands of pieces of _____ and _____!
6. **PROVERBS 20:15**—Much _____ and many pearls exist, but wise speech is the most precious jewel.
7. **PROVERBS 22:1**—A good reputation is better than much wealth; high esteem is better than _____ and _____.
8. **PROVERBS 25:11**—Words spoken at the right time are like _____ apples in a _____ setting.
9. **MATTHEW 10:9**—Workers deserve to be fed, so don't gather gold or silver or _____ coins for your money belts to take on your trips.
10. **1 PETER 1:7B**—Your faith is more valuable than _____, which will be destroyed even though it is itself tested by fire.

LESSON 2 BE SKILLFUL, BE CARING! (1 SAMUEL 20: 18-23, 35-41)

Bible Lesson Review

David and Jonathan were the best of friends. Jonathan used his skill in archery to save David's life. Use the words and phrases IN THE WORD BANK to write the story about David and Jonathan on the next page.



WORD BANK

- | | | | |
|----------------|------------|------------|----------------------------|
| 1. KING | 5. MESSAGE | 9. LOVE | 13. ABSENT |
| 2. ISRAEL | 6. FATHER | 10. AFRAID | 14. LOOK OUT OR
LOOKOUT |
| 3. HIDE | 7. FRIEND | 11. GOD | |
| 4. BOW & ARROW | 8. SERVANT | 12. FEAST | |

Lined writing area for notes.

MEMORY VERSE

Instead of each person watching out for their own good, watch out for what is better for others.

(PHILIPPIANS 2:4)

SPORTS SPOTLIGHT Put a gold medal sticker on Serena Williams and on Naomi Osaka.

Fill in the blanks with words from the WORD BANK.

WORD BANK: 23, 2017, 2018, champion, Congratulations, cry, FRIENDSHIP, game, look out for, Naomi Osaka, unfair

Serena Williams is a big tennis _____. By 2017, she had won _____ Grand Slam singles titles.

She wanted to win at the _____ U.S. Open. She had lots of fans. _____ won instead of Williams.

Ms. Williams and many of her fans did not like the way the referee had called the _____.

They thought that he was _____. They began to boo! Ms. Osaka began to _____.

Ms. Williams began to

_____ Ms. Osaka.

She told the crowd, "SHHHH!"

She hugged Ms. Osaka and

said, "_____!"

What a great act of

_____!

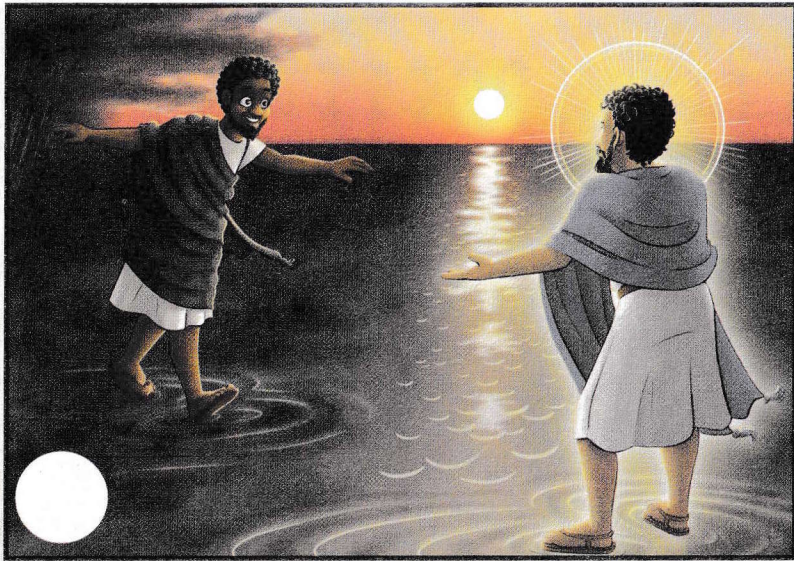


LESSON 3 KEEP YOUR EYES ON JESUS! (MATTHEW 14:22-33)

Come to Jesus Bible Activity

Find the Scriptures. Connect the phrases. What do these Bible verses have in common?
Psalm 62:1, Matthew 11:28, John 6:37, John 7:37, Matthew 25:34, Hebrews 7:25, Acts 13:47,
John 1:47, Romans 10:9, 2 Timothy 1:9

1. "Only in God do I find rest."
 2. All who are thirsty
 3. He can completely save those
 4. Jesus saw Nathanael coming toward him and said about him . . .
 5. God is the one who saved.
 6. "Come to me, all you who are struggling hard and carrying heavy loads."
 7. "I have made you a light for the Gentiles."
 8. Then the king said to those on his right, 'Come you who will receive good things from my Father.'
 9. "Everyone to whom the Father gives me will come to me."
 10. Because if you confess with your mouth "Jesus is Lord" and in your heart you have faith
- a. "Inherit the kingdom that was prepared for you before the world began."
 - b. . . . and I will give you rest.
 - c. I won't send away anyone who comes to me.
 - d. . . . that God raised him from the dead, you will be saved.
 - e. . . . my salvation comes from him.
 - f. "Here is a genuine Israelite in whom there is no deceit."
 - g. . . . should come to me.
 - h. . . . and called us with a holy calling.
 - i. . . . who are approaching God through him.
 - j. . . . so that you could bring salvation to the end of the earth.



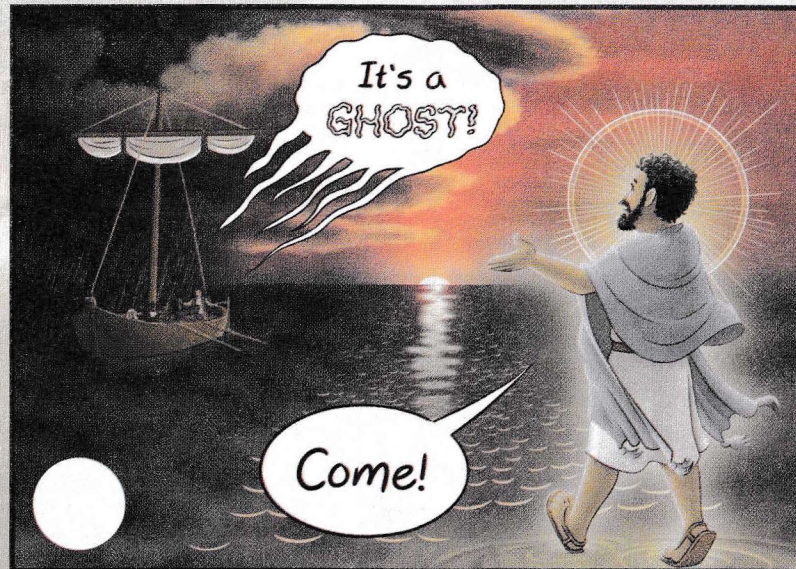
Peter walked on the water to meet Jesus. Peter kept his eyes on Jesus.



It began to storm. The disciples were afraid.

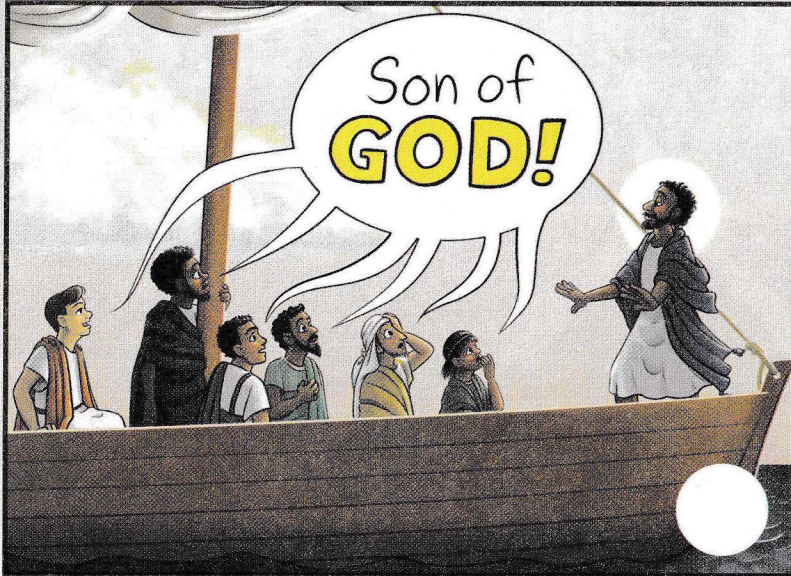


Then Peter looked at the storm. He began to sink in the water. He asked Jesus for help!

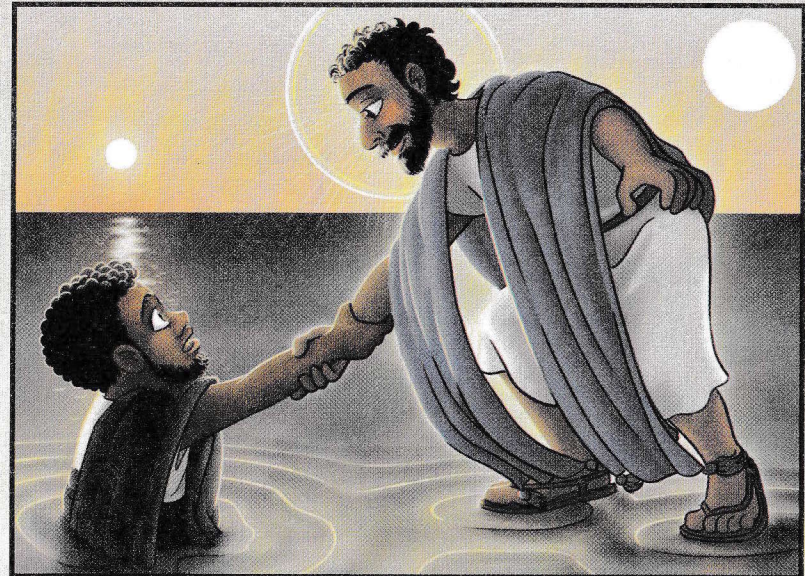


In the morning, Jesus walked on the water to meet the boat. The disciples were afraid. Peter wanted to go to Jesus. And Jesus said, "Come" (Matthew 14:29).

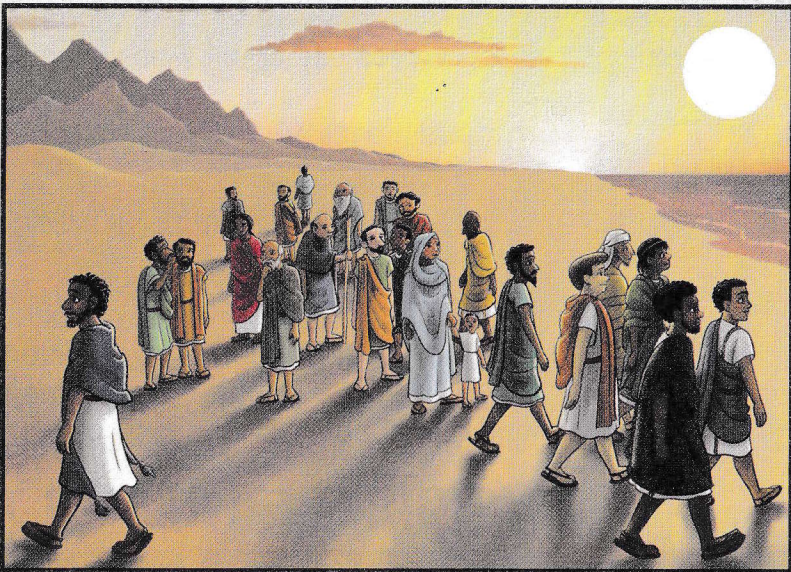
PUT THE STORY IN ORDER.



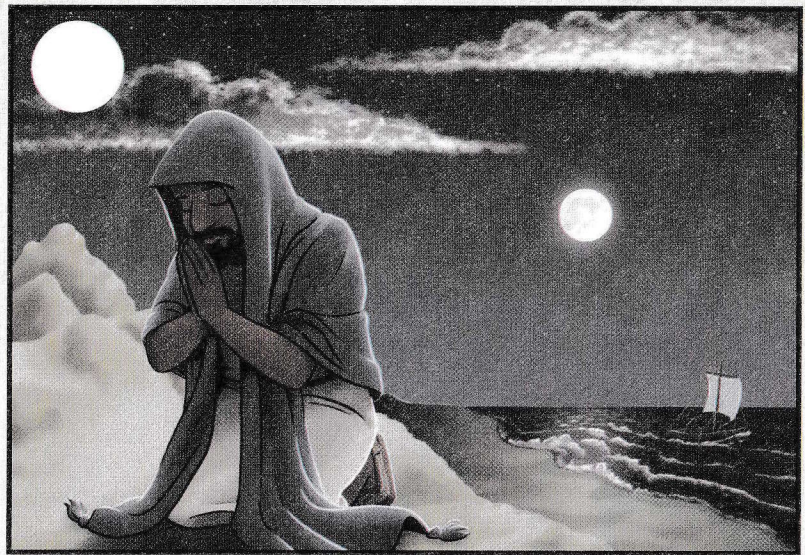
Everyone was in the boat. The storm was over. The disciples worshipped Jesus as the Son of God.



Jesus grabbed Peter and rescued him.



Jesus taught the people until evening. Then everyone left.



It was night. Jesus was on a mountain. He prayed. The disciples were in a boat.

SPORTS SPOTLIGHT

Put a gold medal sticker in the blanks.



Mabel Fairbanks (1915-2001) loved to ice-skate. She was a figure skater and she was very good. People did not see her excellence because she was Black. But she helped other people to be excellent. In 1977, she was inducted into the U.S. Figure Skating Hall of Fame. In 2001, after she passed away, she was inducted into the International Figure Skating Hall of Fame for her coaching skills.

Mabel Fairbanks had a _____ attitude.



Maame Biney (b. 2000) was born in Ghana. Ghana is in Africa. Her name is said like this: *Mommy*. She moved to the United States when she was five years old and her father put her in skating class. Her coaches decided that she should be a speed skater. Maame skates very fast. She loves it.

She wears a _____ smile.

In high school, she made it onto the 2018 Winter Olympics team. One day Maame will win.

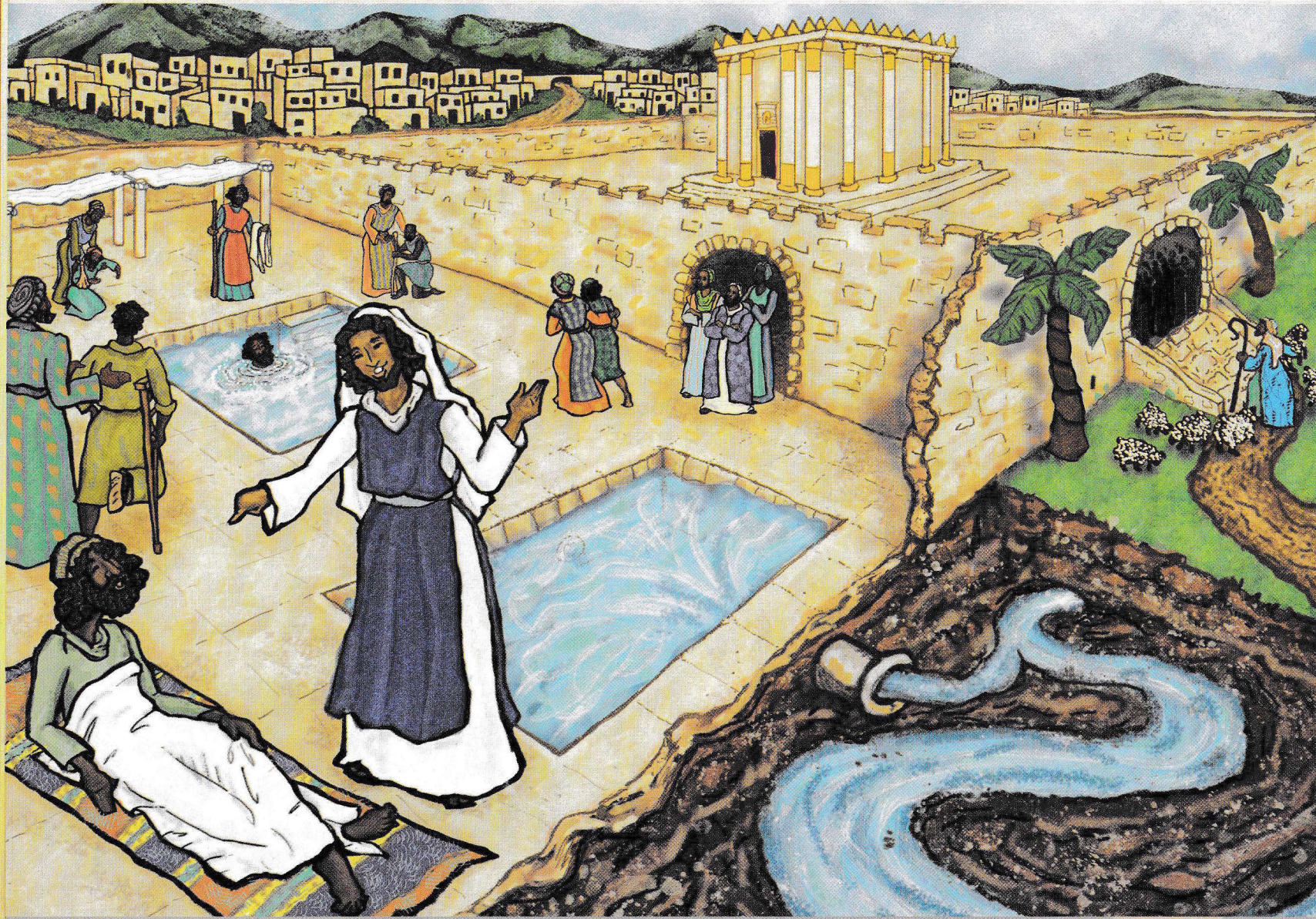


LESSON 4 A LONG WAIT!

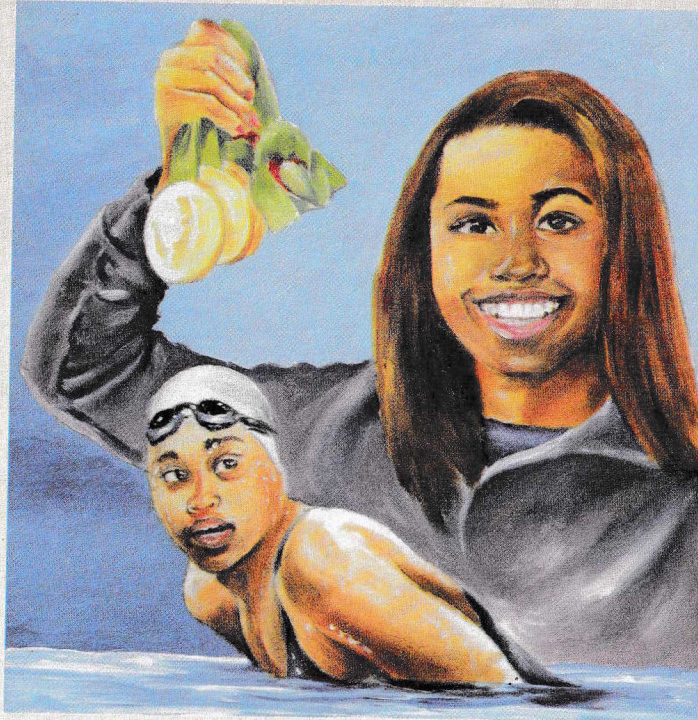
(JOHN 5:2-17)

Find and number.

1. Gate to Jerusalem
2. Temple
3. Sheep
4. The Pool of Bethesda
5. Houses
6. Jesus
7. Underground spring of water
8. A man lying on a mat
9. City wall
10. A covered porch
11. Religious leaders
12. Three sick persons with a servant to help



SPORTS SPOTLIGHT



Simone Manuel (b. 1996, Sugar Land, Texas)

- First African American swimmer to win individual gold Olympic medal, two gold and two silver, 2016
- Family motto is Do Your Best
- Five gold medals, 2017 World Aquatic Championships
- Gold medal, 50-meter freestyle, 2018 US Championships
- First American to win both 50 and 100-meter freestyle in 2019 FINA World Championships
- Advocates for inclusion with swimwear brand

Lia Neal (b. 1995, Brooklyn, NY)

- First Black woman to swim in Olympic final of the U.S.
- Bronze medal in 2012
- Silver medal in 2016
- Knows three languages: Mandarin, Cantonese, English.

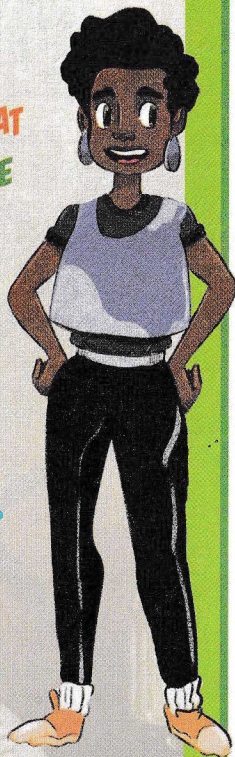
Simone Manuel and **Lia Neal** have a lot in common. Both trained at elite swim clubs with great pools that would not have been a possibility for black people years ago. Years ago any pools closed down rather than allow black people to use them. Both Simone (*Swimone*, her nickname) and Lia attended the University of Stanford, participating on that swim team in the same years. Both encourage children in under-represented communities to learn to swim through the USA Swimming Foundation's Make a Splash program. Both have won Olympic bronze, silver, and/or gold medals.



WORD FIND

Find and circle the words.

- EFFORT
- JESUS
- DOYOURBEST
- POOL
- STILLWORK(ING)
- LEADERS
- FATHER
- GET UP
- LIANEAL
- PICK UP
- 38YEARS
- YOUR MAT
- SWIMMING
- SWIMONE
- HEALING







D	O	Y	O	U	R	B	E	S	T	P	U	T	E	G
O	F	O	S	N	E	X	F	U	L	L	J	I	N	
G	K	U	L	H	B	I	S	M	A	C	T	A	I	
R	O	R	Y	H	T	O	L	E	A	D	E	R	S	M
E	S	M	X	E	A	S	U	J	T	F	I	E	R	M
A	S	A	E	F	F	O	R	T	N	I	K	S	A	I
T	O	T	C	O	O	K	I	E	S	E	R	T	E	W
W	E	N	I	C	E	P	G	B	U	R	R	I	Y	S
I	P	O	O	L	N	E	R	A	P	G	F	8	R	A
A	T	O	Z	I	L	A	G	K	M	O	N	E	3	Q
E	P	F	A	K	S	W	I	M	O	N	E	E	R	T
X	P	J	S	E	R	C	O	T	S	T	H	A	D	R
L	I	A	N	E	A	L	I	R	F	S	I	D	R	E
W	H	A	M	L	O	G	N	A	K	R	U	R	M	W
B	O	O	M	L	E	M	O	X	P	I	C	K	U	P
W	M	H	E	A	L	H	E	A	L	I	N	G	O	A







Write the Winning Word _____ What's the Goal? _____



Memory Verse _____

LESSON 5 REACH FOR THE GOAL! (PHILIPPIANS 3:12-16)

Make it personal! Write your name in the blanks.

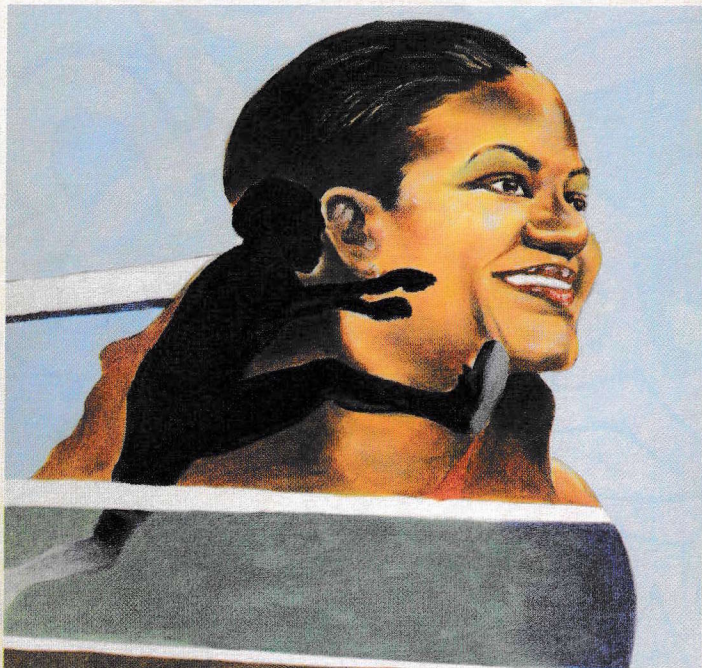
It's not that _____ has already reached the goal  or has already been perfected, but _____ pursues it so that _____ may  hold of it because  grabbed  hold of me for just this purpose.

Brothers and sisters , _____, myself doesn't think I've reached it, but _____ does this one thing  : I forget about the things behind me and reach out  for the things ahead of me. The goal  _____ pursues is the prize  of God's upward call in Christ Jesus. 

So all of us  who are spiritually mature should think this way, and if anyone  thinks differently, God will reveal it to him or her. Only let's live in a way that is consistent with whatever level we have reached.

**MEMORY VERSE: THE GOAL I PURSUE IS THE PRIZE OF GOD'S UPWARD CALL IN CHRIST JESUS.
(PHILIPPIANS 3:14)**

SPORTS SPOTLIGHT: LIFT AS YOU CLIMB!



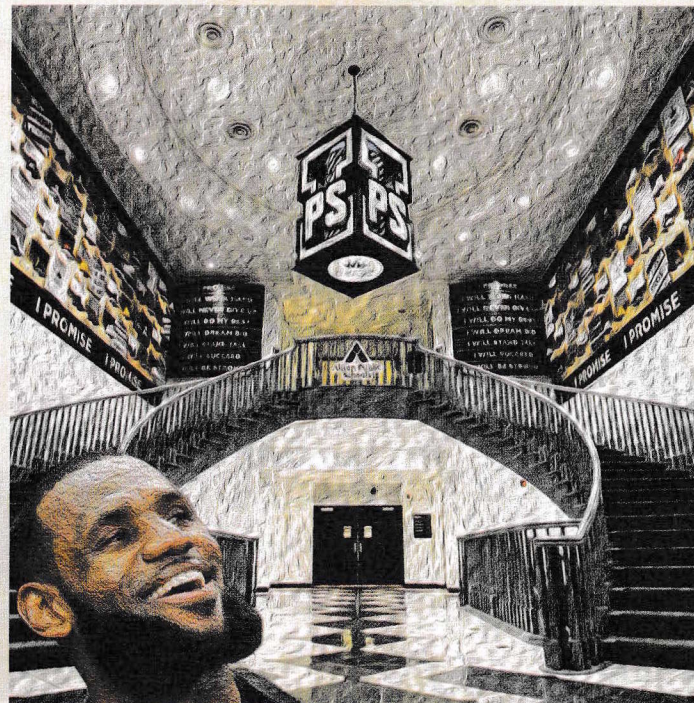
Benita Fitzgerald Mosley is

- A 15-time All-American athlete
- An 8-time national champion
- A gold medalist in track (100-meter hurdles)
 - in the 1983 Pan American Games, and
 - in the 1984 Olympics in Los Angeles

That Olympic medal has opened doors for her.

She likes to open doors for others.

- Special Olympics: helping kids with disabilities
- First-ever Chief of Sports Performance: helping athletes win 29 gold medals in 2012 Olympics
- Laureus Sport for Good Foundation, USA: helping kids have a chance to do sports.



LeBron James is

- One of the best basketball players of all time
 - 3-time NBA champion
 - King James (nickname)
 - Just a kid from Akron (Ohio)
- He makes everyone around him better!
He likes to help kids do better in school.
- Founded LeBron James Family Foundation in 2004
 - Partners with Akron schools
 - Founded I PROMISE School (grades 1-8) for kids who struggle.
 - Kids are meeting their goals in math and reading!

Jesus is the goal, no matter where you begin!

Find each entry point and trace the path to Christ.

