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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| LUNCH |  |  ***Make Your Own Wrap* 1**1 oz Turkey (2 slices) [C] 2 tbsp Hummus [SE]½ oz Cheddar Cheese [D] 1 **WG** Flour Tortilla [G] [C] ½ c **Tossed Salad** w/ Ranch[D] [E] [S] ***EHS: ¼ c Broccoli***¼ c **Fresh Fruit Salad**¾ c Milk [D] ***Veg: 1/8 c Hummus Wrap*** [SE] ***w 1 oz Fresh Mozarella Cheese***[D] | **2**2 Chicken Tenders [G] [S] w Honey Mustard 1 **WG** Cornbread [G] [C] [E] [S] [D] 1/4 C Coleslaw [S] [C] [E] ***EHS: Cooked Carrots***¼ c **Apple Slices** ***EHS: Applesauce*** ¾ c Milk [D] ***Veg: 3 Vegetarian Nuggets* [**S] [G] [C]  | **3** ½ c Macaroni & Cheese[D] [G] [S] [E] [C] *(2 oz M/MA, ¼ c wg noodles ½ oz)*1 String Cheese[D] ¼ c Peas¼ c **Fruit Mix cocktail**¾ c Milk [D] ***Veg: Same*** |
| **6**½ c Beef Vegetable Lomein(1/4 c Stir Fried Asian Vegetables [S] ,1/4 c Beef)¼ c Lomain Noodles [G] [S] ¼ c **Mandarin Oranges**¾ c Milk [D] ***Veg: ½ c Vegetable Lomein*** [S] ***1 String Cheese***[D]  | **7**4 Chicken Nuggets [G] [S] 1 **WG** Roll (1 oz) [G] [S] [C] ¼ c **Corn** [C] ¼ c **Pears**¾ c Milk [D] ***Veg: 3 Vegetarian Nuggets*** **[**S] [G] [C]  | **8**2 oz Fish Fillet [G] [S] C] [D]1 **WG** Biscuit [G] [C] ¼ c Coleslaw [S] [C] [E] ***EHS: Steamed Carrots w Ranch***[D] [E] [S**¼** c **Tropical Fruit Salad** ¾ c Milk [D] ***Veg: 2 Vegan Fish*** | **9**½ c Chicken Spaghetti [G][D] [S] *( 2oz Chicken and ¼ c Noodles)*½ c **Spinach with Italian** [S] [C] ***EHS: Steamed Spinach***¼ c **Fresh Fruit Salad**¾ c Milk [D] ***Veg: 1/2 c Cheesy Spaghetti*** [G] [D] ***1 String Cheese***[D  | ***Make Your Own Burrito****:* **10**¼ c Black Beans [T] ⅛ c Shredded Monterey Cheese [D] 1 6 in **WG** Tortilla [G] [C] ½ c Shredded **Romaine**¼ c  **Peaches** ¾ c Milk [D] ***Veg: Same*** |
| **13** 2 oz Oven Fried Chicken Legs [G] [S] [C] ***EHS: 4 Nuggets***1 oz **WG** Dinner Roll [G] [S] [C] ¼ c Green Beans¼ c **Apple Slices** ***EHS: Applesauce*** ¾ c Milk [D] ***Veg: 3 Vegetarian Nuggets*** [G] [S] |  ***Make Your Own Taco* 14**¼ c Beef Taco Meat [T] [S] ½ c **Shredded** **Lettuce**2 TBSP Shredded Cheddar Cheese [D] 1 oz **WG** Tortilla [G] [C] ¼ c Diced Melon Salad¾ c Milk [D] ***Veg: 3/8 c Black Beans*** [T]  | **15**4 Cheese Ravioli [D] [E] [G] [T] w Marinara Sauce [T] [S] ¼ c Peas1 oz **WG** Roll [G] [S] [C] ¼ c **Pineapple** ¾ c Milk [D] ***Veg: Same*** | **16**2 oz Tuna Salad [E] 1 Slider WG Bread [G]¼ c **Broccoli** w Italian [S] [C] ***EHS: Steamed Broccoli***2 **Orange Wedges** ***EHS: Mandarin Oranges***¾ c Milk [D] ***Veg: 2 oz Fresh Mozzarella Cheese*** | **17**½ c Macaroni & Cheese [G] [S] [D] [E] [C] *(2 oz M/MA, ¼ c wg noodles ½ oz)*3/8 c Vegetarian Baked Bean [C] ½ c **Tossed Salad** w/ Ranch[D] [E] [S] ***EHS: Cooked Cauliflower*****¼** c Diced **Cantaloupe**¾ c Milk [D] ***Veg: Same***  |
| **20**https://www.pngall.com/wp-content/uploads/2/Presidents-Day-PNG-Image-HD.png |  ***Make Your Own Bowl* 21**¼ c Popcorn Chicken (2oz) [G] [S]¼ c Mashed Potatoes 1 oz WG Dinner Roll [G] [S] [C] ¼ c Diced **Honeydew**¾ c Milk [D] ***Veg: 3 Vegetarian Nuggets*** [S] [G] [C]  |  ***Penne Meatballs* 22**3 Meatballs[D] [G] [S] w Marinara Sauce[T] ¼ c WG Penne Pasta [G]¼ c Spinach w Ranch[D] [E] [S ***EHS: Steamed Spinach***¼ c **Apple Slices** ***EHS: Applesauce***¾ c Milk [D] ***Veg: ½ c Penne [G[with Cheese*** | **23**½ c Chicken Curry Casserole [S] [D] 1 oz Flatbread [G] [C] ¼ c **Mixed Vegetables**¼ c **Fresh Fruit Salad**¾ c Milk [D] ***Veg: Southwest Tofu Scrambled*** [S] ***/ Yogurt*** [D]  | ***Make Your Own Pizza* 24**1 oz English Muffin [G] [C] 2 oz Shredded Mozzarella Cheese [D] ¼ c Marinara Sauce [T] ¼ c Parmesan Roasted **Broccoli** [D] 2 **Orange Wedges** ***EHS: Mandarin Oranges***¾ c Milk [D] ***Veg: Same*** |
| **27**3 CN Chicken Patty Sandwich [S] [G] w/ Cheddar Cheese [D] 1 oz **WG** Bun [S] [G]¼ c **Green Beans**¼ c **Applesauce**¾ c Milk [D] ***Veg: 3 Vegetarian Nuggets*** [S] [G] [C]  | **28**¾ c Cuban Black Bean Rice [T] (#6 scoop- black beans, #8 scoop- rice)¼ c Brown Rice¼ c Field Green Salad w Italian [S] [C] ***EHS: Steamed Baby Carrots***¼ c Diced Honeydew ¾ c Milk [D] ***Veg: Same***  |  |