Conflict Tactics Screen

No matter how well a couple gets along, there are times when they disagree, get annoyed with the other person, want different things from each other, or just have spats or fights because they are in a bad mood, are tired, or for some other reasons. Couples also have many different ways of trying to settle their differences. This is a list of things that might happen when you have differences. Please make how many times you did each of these things IN THE PAST YEAR, and how many times your partner did them IN THE PAST YEAR.

	Once in the past year	Twice in the past year	3-5 times in the past year	6-10 times in the past year	11-20 times in the past year	More than 20 times in the past year	Not in the past year, but it has happened	This has never happened
I explained my side of the situation								
I threw something at my partner								
My partner threw something at me								
I pushed or shoved								
I slapped								
My partner pushed or shoved me								
My partner slapped me								
I punched or kicked								
I beat up								
My partner punched or kicked me								
My partner beat me up								
I pulled a weapon								
My partner pulled a weapon								

Instructions for Conflict Tactics Screen

This screen is primarily for violence. The first question is a "foil" so participants cooperate. If there is any positive answers on this quick screen further in-person assessment should be done to assess for context, intent, lethality, and frequency of violence. This screen is not for diagnostic purposes and couples could have violence that is not detected by this screen. This screen simply assesses the most common kinds of couples violence.

Clinicians have permission to use this screen in their clinical work in keeping with their competency level.