

CANTEEN MENU 2019

Please submit your order on a brown paper bag or enclose a reusable lunch bag by 09:30am.
 Questions ? Dietary Requirements ? We're happy to help. Just call 0434 623276.

SUPER SALADS all \$ 5 unless stated
 ITALIANO Meatball and Mozerella with lettuce, tomato, cucumber and olives
 GREEK Lettuce, feta, olives, red onion, tomato, cucumber & olive oil dressing.
 CHICKEN CAESAR Crumbed chicken, bacon, lettuce, cucumber, parmesan, dressing
 TANDOORI CHICKEN w/lettuce, cucumber, red onion, tomato & mint yoghurt
 FALAFEL SALAD with tabouleh, mint dressing and optional chilli sauce
 GARDEN SALAD w/ lettuce, tomato, onion, cabbage, carrot & cheese
 FABULOUS FRUIT SALAD assorted seasonal fresh fruit (Small Fruit Salad \$ 3)

BAGUETTES - *Fresh subs, baked this morning.*

Please specify if you would like them toasted. Also available as Gluten Free Wraps.

MEATBALL MELT w/ meatballs and melted mozzarella \$ 5
 CHICKEN PARMA Chicken Schnitzel w/ ham, cheese and napoli sauce \$ 5
 TASTY TOASTY Cheese with ham and or tomato / pineapple, or on its own \$ 4
 SALAD SUB lettuce, tomato, carrot, and cucumber w/ one from
 Chicken, Ham, Tuna, or falafel - with cheese unless you tell us otherwise. \$ 4.50

HOT STUFF all \$ 5 unless stated

CHEESEBURGER w/ lettuce, burger sauce and tomato sauce on a sesame bun
 CHICKEN BURGER w/ lettuce and mayonnaise on a sesame bun
 BARRAMUNDI BURGER In breadcrumbs w/ lettuce, and seafood sauce
 FALAFEL BURGER w/ cheese, lettuce, tomato and chilli sauce
 PASTA BOLOGNESE Italian meatballs in bolognese sauce with fresh pasta
 CREAMY COCONUT CHICKEN A Mild creamy curry with rice
 CHICKPEA AND SPINACH CURRY in a mild tomato and curry sauce with rice
 LEMON CHICKEN Strips of chicken in breadcrumbs with lemon sauce and steamed rice
 VEGETABLE FRIED RICE
 BEEF LASAGNE Layers of pasta with a rich bolognese sauce and cheese
 CHEESEY PASTA Pasta tubes baked in a creamy sauce
 JACKET POTATO w/ cheese, bacon & slaw or baked beans / bolognese / tuna sweetcorn

<p>TRADITIONAL FAVOURITES & SNACKS Party Pies \$ 1 Pie \$ 3.50 Sausage Roll \$ 3.50 Vegetable Pasty \$ 4 Dried Fruit Pack (sultana and apricot) \$ 2</p>	<p>6 Nuggets w/ sauce \$ 5 Oven baked hash browns \$ 1 Vegemite toast fingers \$ 1 Vegetable Spring rolls (3) \$ 3 Hot Dog w/sauce \$ 2.50 Yo-Yo Bicky or Cookie pack \$ 1</p>
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DRINKS: Orange Juice, Apple Juice, Chocolate Milk, Strawberry Milk, Mineral Water \$ 1.50

PLEASE NOTE: Bags (where not supplied) 20c SAUCE (where not specified) 20c