



Week 7

This weeks focus scripture: Romans 8:1-4

This weeks reading challenge:

- All of Romans, through then end of chapter seven. You can do it!
- Romans 8:1-4, Colossians 2:6-15

This weeks memory challenge: Romans 8:1-4. This is *not* one to miss.

Study and Reflection

Day 1 (may take several days!). Schedule this out, find the time, and read through all of Romans chapters 1-7. We are about to take a three week break from Romans, so you have plenty of time to make this happen!

As you read, write down the scripture references and key concepts of the thoughts that you see as the most important. If you really want to take this to heart, use a digital bible source such as 'Biblegateway.com' and actually compile the full text of this list of verses, so that you can print them out and refer back to them. Whenever you refer to these, journal with each verse what God is showing you, and how God is using that truth in your life, today.

Day 2. Read Romans 8:1-4. In his sermon, Pastor Ethan described three ways we are free from condemnation, in Christ. Consider these, and journal how God is leading you to experience this freedom from condemnation in your daily life. Are there ways that you are allowing yourself to live under condemnation? Be honest, journal these, and prayerfully ask God to lead you into freedom from these spiritual and emotional chains. Remember, freedom from the condemnation of sin *doesn't* mean pretending that sin isn't sin! Rather, it is knowing that we are fully forgiven, and that God is daily working to set us free from the bondage this sin brings.

- *The condemnation of SIN*
- *The condemnation of OTHERS*
- *The condemnation of SELF*

Day 3. In verse four, Paul proclaims that we have been set free because we no longer *live* (*walk...* a very purposeful and intentional concept) according to our flesh (see last weeks message), but now we *live/walk* according to the SPIRIT. What does it mean to '*walk according to the Spirit?*' This may be the most single important question for our ongoing lives as disciples of Jesus! What does this look like in your life? Do you best to journal you thoughts, as we will be addressing this queston in great depth when we pick back up in Romans on October 28th.

† **Therefore...**

† **No condemnation!**

Romans 8:1

- In Christ, we are set free from the condemnation of SIN
Colossians 2:13
Romans 4:7-8
- In Christ, we are set free from the condemnation of OTHERS
- In Christ, we are set free from the condemnation of SELF

† **Set free. Really.**

Romans 8:2

† **What law cannot do, God has done!**

Romans 8:3

† **It all comes down to this (to Him!)**

Romans 8:4