



————— ∞ *Epilogue* ∞ —————

**Message Title:** The Heart of the matter

**Book Content, “At the Crossroads”:** Epilogue

**This weeks memory challenge: John 8:36** *So if the Son sets you free, you will be free indeed.*

————— ∞ *Message Notes* ∞ —————

† The Truth will set you free...

*John 8:31-32*

† **False belief #1:** Pain is bad, I need to protect myself from experiencing it.

*Truth! Pain is actually one of God’s most important gifts*

† **False Belief #2:** My well-being depends on meeting the expectations of others.

*Truth! My well-being is in Christ and comes from living by Grace, not by keeping the law*

† **False belief #3:** Fulfillment of my core needs can be found in a source other than God.

*Truth! Jesus is the key to my needs being met; He is the source!*

† **False belief #4:** The standards of my own Justice system must be met by everyone.

*Truth! Justice is God’s domain and his simply calls me to love and forgive.*

† **False belief #5:** My real self will never be good enough.

*Truth! I am God’s masterpiece, and worth being, knowing, and loving.*

† Free Indeed!

*John 8:36*

† Reality! God doesn't call us to just *agree* with Truth. By the Spirit, God calls us to invite Christ into our places of wounded-ness, the actual places of our heart where these false beliefs have taken root.

*Psalm 139:23-24*

*Hebrews 13:5-6*

† Communion: What God has given to us, what we give to God

*1 Corinthians 11:23-28*

*Heavenly Father,*

*By faith, I choose to believe I am who You say I am. I am redeemed, alive, and in union with You.*

*You are my life, you are my true identity.*

*I choose to believe that In Christ I am forever forgiven, a new creation, the chosen of the Father,  
God's precious possession, holy, righteous, blameless, and dearly loved.*

*I am Your poiema, Your creative masterpiece!*

*Lord Jesus, I fully invite You into the deepest places of my past and my present.*

*Lord, by your Holy Spirit show me Your redemptive presence in all these places that led  
to the false beliefs I now surrender to You.*

*Search me, God, and know my heart; test me and know my anxious thoughts!*

*See if there is any offensive way in me, show me my false beliefs!*

*Lord I surrender these false beliefs so that by Your truth,*

*You may set me free and lead me in the way everlasting.*

*For from You and through You and for You are all things, including my very life.*

*To You be the glory forever! Amen.*