



The Trauma Puzzle Facilitator Training

8 Workshops:

1. Elephant in the Room! What is Trauma-Informed Care?
2. What's in the Box? Understanding Trauma and Positive Behaviour Support Strategies
3. Hurt People, Hurt People. Trauma-Informed understanding of violent and aggressive behaviours.
4. One Child at a Time. Strategies for supporting children to heal from trauma.
5. When Loss Gets Lost. Understanding & Responding to Grieving Children & Young People.
6. Look in the Mirror! What is Empathy and why does it matter?
7. What About You? Enhance the well-being & resilience of those working in the sector.
8. Better than Chocolate! Mindfulness Workshop for Workers and Carers.

**Professional development for anyone working
with children, young people and adults
who have experienced complex trauma.**

This training program aims to prepare professionals by providing you with the 8 Training Packages that make up 'The Trauma Puzzle® A Trauma Aware Practice Model' so you can facilitate a range of complex trauma workshops. The target is workers and carers with foundation knowledge of trauma theory & experience working with clients who have experienced complex trauma.

LEARNING OUTCOMES

1. Explain the theoretical paradigms underpinning 'The Trauma Puzzle® : A Trauma Aware Practice Model'.
2. Describe the content of the 8 workshops that make up 'The Trauma Puzzle®'.
3. Use the materials provided to facilitate complex trauma training sessions such as: 1 or 2 day programs, short workshops, discussion groups, video conferences, book clubs, lunchbox learning, JITT (Just in Time Training) sessions etc.
4. Participate in ongoing peer support sessions with other 'The Trauma Puzzle®' facilitators to ensure currency of materials and receive support to develop your own practice.

DETAILS

Date: 24th & 25th February, 2021 (2 Day Course)

Time: 9:30am - 3:30pm

Price: \$1500.00 plus GST

Venue: CASCOM Centre, Stage 3, Level 1
13 Scaturchio Street, Casuarina, NT

Price Includes: 8 sets of PowerPoint slides, 4 workbooks, handouts, case studies, activities and extensive additional reading on trauma-informed care. These are provided on USB. Tea, coffee, biscuits and a light sandwich and fruit lunch will be provided. Please email us if you have special dietary requirements.



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