



# Hurt People, Hurt People

## Trauma-Informed Understanding of Violent & Aggressive Behaviours

**Professional development for anyone working with children, young people and adults who have experienced complex trauma.**

The 'Hurt People, Hurt People' workshop aims to educate managers, social & community services professionals, support workers and direct carers in a variety of settings to understand the link between unresolved childhood trauma and violent & aggressive behaviours in youth & adults. Workers & carers of younger children will also find this workshop relevant.

### LEARNING OUTCOMES

1. Describe the psychobiology of violent & aggressive behaviours.
2. Explain the relationship between early childhood traumatic experiences, disorganised attachment and trauma re-enactment in adolescence and adulthood.
3. Discuss confrontation avoidance techniques & practical strategies for deescalating violence & aggression in a variety of settings.
4. Apply the 'Restorative Practices' approach to promote healing relationships in a range of settings.

### DETAILS

- Date:** 16th & 17th June, 2021 (2 Day Course)
- Time:** 9:30am - 3:30pm
- Price:** \$375.00 plus GST
- Venue:** George Burnett Leisure Centre Facility,  
Cnr Manning Rd & Elderfield Rd, Karawara, WA
- Price Includes:** PowerPoint slides, handouts & additional reading. Tea, coffee, biscuits and a light sandwich and fruit lunch will be provided. Please email us if you have special dietary requirements.



**COMPLEX TRAUMA TRAINING WA**

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