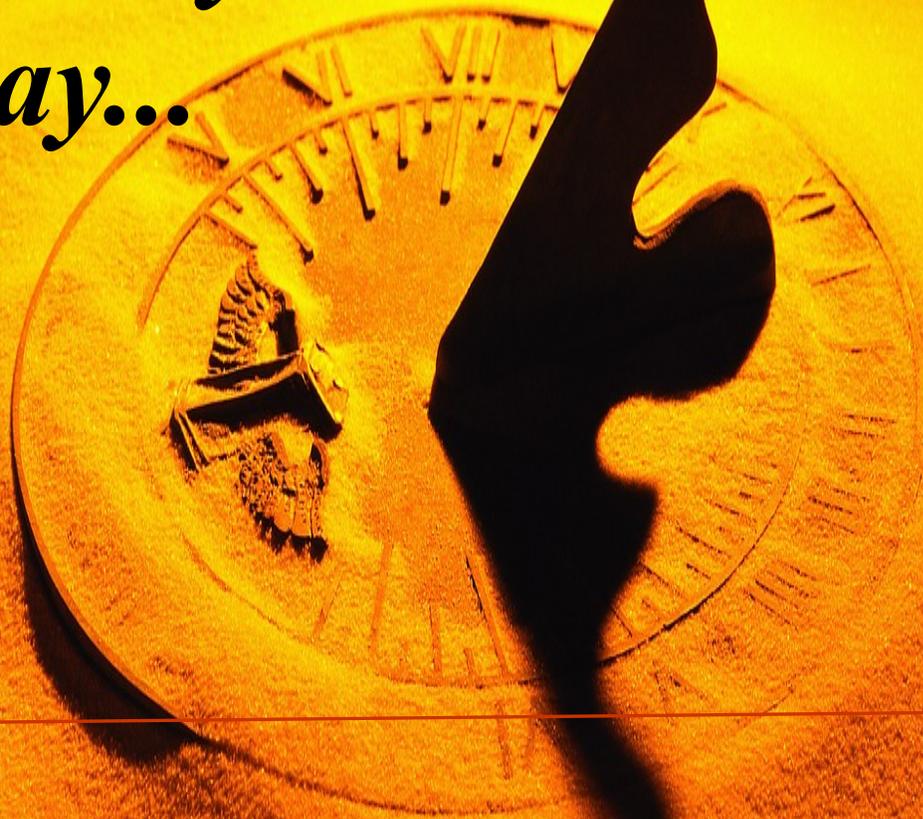


**CAMP CALEB  
“EQUIPPING MEN FOR  
VICTORY”**

*Humility  
Today...*



**SUIT UP  
MINISTRIES**

[www.suitupministries.org](http://www.suitupministries.org)



## CAMP CALEB

# TERMINOLOGY

**Playbook = Camp Activities**

**Training Table = Meals**

**Weight-in = Time to complete Warm-Up**

**Team Meeting = General (all)**

**Film Session = Viewing of Movie on 1st night**

**Conditioning = Prayer Time/Chapel**

**Stretching = Praise/Singing**

**Mini-Camp = Introduction to Camp Theme**

**1 V 1 = Personal Prayer time, reflection & further review**

**Huddle Group = Small Group (Position)/Accountability Group**

**Practice Sessions 1-3 = Lessons**

**Film Study = Free Time**

**Cool Down = Prayer Time at the end of day two**

**Scouting Report = Lead in questions after each practice session**

**PAT = Personal Action Tasks**

**Offense = Plan of attack**

**Defense = Plan for attacks**

**Pre-game Locker Room = Opportunity for Men to give feedback about weekend & share goals for “the game” & the Winning Drive”.**

**4th Quarter = Starting Monday & Everyday After That**

**Game Time = Final Instruction**

**Victory = Already Achieved through Christ’s Salvation**



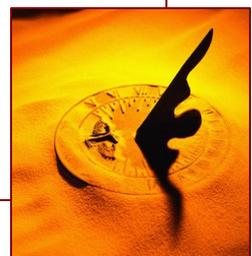
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## WARM-UP PLAYER PROFILE

What are three (3) expectations you have for this weekend?

2. What are three (3) things that you as a man have struggled with this past year?

Choose one thing you want to change in your life?



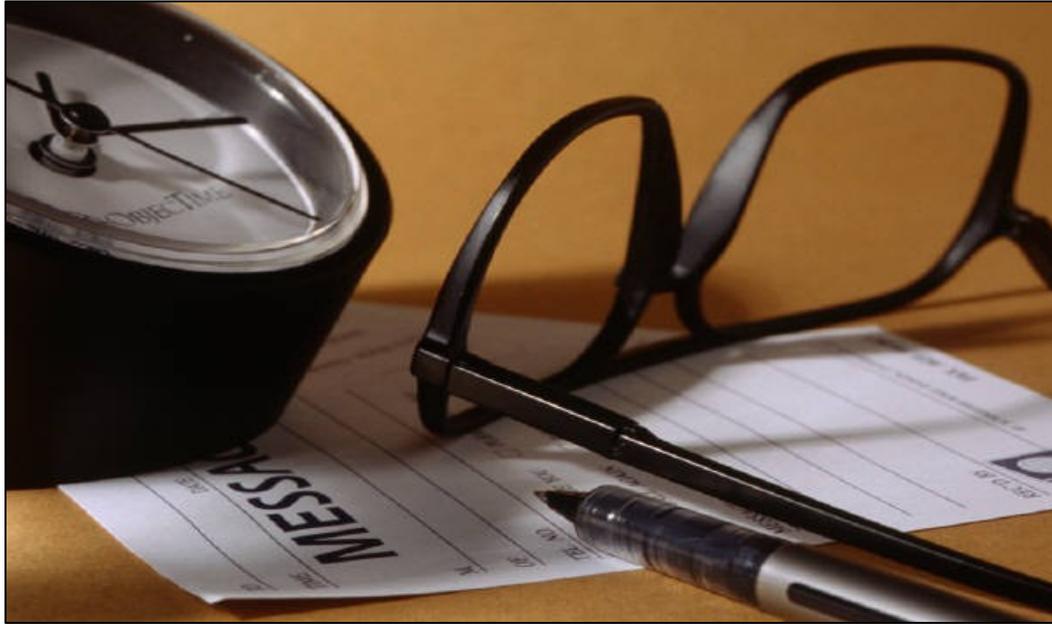
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## Rate Your Humility

<u>1. Husband</u>	0	5	10
<u>2. Father</u>	0	5	10
<u>3. Son</u>	0	5	10
<u>4.</u>	0	5	10
<u>5.</u>	0	5	10
<u>6.</u>	0	5	10
<u>7.</u>	0	5	10
<u>8.</u>	0	5	10
<u>9.</u>	0	5	10
<u>10.</u>	0	5	10

\*\*Place an (X) where your level of humility falls -  
10 being the greatest level; 0 being the lowest level

# CAMP CALEB



## MINI-CAMP

*What does it mean to be  
Humble?*



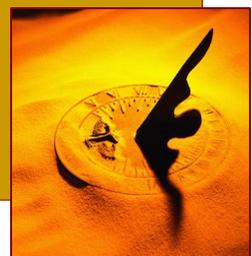
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## *QUESTIONS...?*

**What does it mean to be humble?**

**2. What gets in the way of your humbleness?**



# CAMP CALEB

## hu·mil·i·ty - [hyoo-mil-i-tee]

**-noun**

: the quality or condition of being humble; modest opinion or estimate of one's own importance, rank, etc.

**Synonyms:**

: lowliness, meekness, submissiveness.

**Antonym:**

: pride.

## to-day

**-adverb**

1 : on or for this day  
2 : at the present time

**-noun**

: the present day, time, or age

**-adjective**

: of or characteristic of today : [NOW](#)



# CAMP CALEB

## What is Humility?

Humility is said to be the foundation of the spiritual edifice and inferior only to faith. However, humility is considered the first virtue inasmuch as it removes the obstacles to faith. It removes pride and makes a man subject to and a fit recipient of grace; according to the words of James, "God resists the proud, and gives his grace to the humble" (James 4:6).

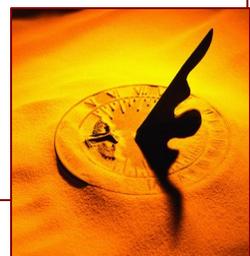
"True humility" is distinctly different from "false humility", which consists of sacrificing one's own sanctity, gifts, talents, and accomplishments for the sake of receiving praise or adulation from another. In this context legitimate humility comprises the following behaviors and attitudes:

**submission to God and legitimate authority;**

- 2. recognition of the virtues and talents that others possess, particularly those which surpass one's own, and giving due honor;**
- 3. recognition of the limits of one's talents, ability, or authority; and, not reaching for that which is beyond one's grasp.**

As illustrated in the person of Moses, who leads the nation of Hebrews out of slavery in Egypt and to the "Promised Land", humility is a sign of Godly strength and purpose, not weakness. Of this great leader, the Bible states, "For Moses was a man exceeding meek above all men that dwelt upon earth", Numbers 12:3.

The biggest obstacle opposed to humility is "**pride**".



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## What is Humility?

Among the benefits of humility described in the [Bible](#) are:

**Honor,**  
**Wisdom,**  
**Eternal Life,**  
**Unity,**  
**Rewards in Heaven,**  
**and others.**

In the Bible, an exhortation to humility is found in [Philippians 2:1-11](#):





# CAMP CALEB

~~1 If then there is any encouragement in Christ, if any consolation of love, if any fellowship with the Spirit, if any affection and mercy, 2 fulfill my joy by thinking the same way, having the same love, sharing the same feelings, focusing on one goal. 3 Do nothing out of rivalry or conceit, but in humility consider others as more important than yourselves. 4 Everyone should look out not [only] for his own interests, but also for the interests of others. ~Philippians 2:1-4~~

~~5. Make your own attitude that of Christ Jesus, 6 who, existing in the form of God, did not consider equality with God as something to be used for His own advantage. 7 Instead He emptied Himself by assuming the form of a slave, taking on the likeness of men. And when He had come as a man in His external form, 8 He humbled Himself by becoming obedient to the point of death—even to death on a cross. 9 For this reason God also highly exalted Him and gave Him the name that is above every name, 10 so that at the name of Jesus every knee should bow— of those who are in heaven and on earth and under the earth — 11 and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. ~Philippians 2:5-11~~

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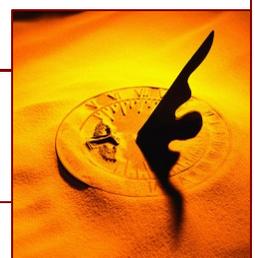
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## *HUMILITY*

Humble yourselves, therefore under God's mighty hand, that he may lift you up in due time. ~I Peter 5 & 6

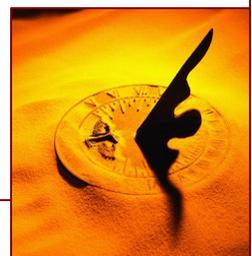
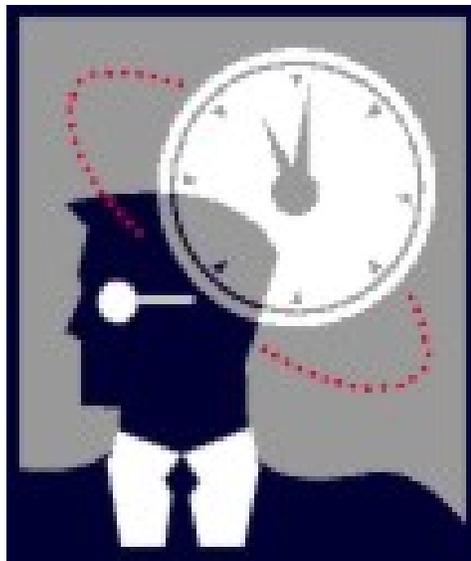
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# CAMP CALEB

## MINI-CAMP ACTIVITY

*What does it mean to be Humble?*

### I. Scouting Report

1.

2.

3.

### II. PAT (Personal Action Task)

Best Offense:

2. Best Defense:

#



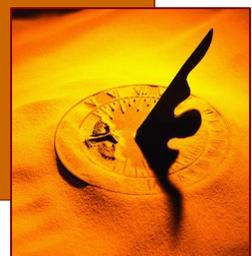
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## PRACTICE SESSION #1

*Humility at Home...*

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# CAMP CALEB

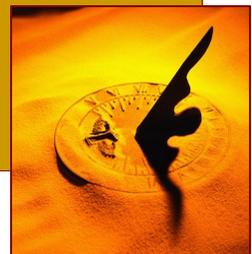


## *QUESTIONS...?*

**How do you demonstrate humility in your home?**

**2. What is the primary obstacle that keeps you from practicing humility in your home?**

**3. In what family relationship do you need to humble yourself the most?**



# CAMP CALEB

## The Parable of the Lost Son

11 He also said: "A man had two sons. 12 The younger of them said to his father, 'Father, give me the share of the estate I have coming to me.' So he distributed the assets to them. 13 Not many days later, the younger son gathered together all he had and traveled to a distant country, where he squandered his estate in foolish living. 14 After he had spent everything, a severe famine struck that country, and he had nothing.] 15 Then he went to work for one of the citizens of that country, who sent him into his fields to feed pigs. 16 He longed to eat his fill from the carob pods the pigs were eating, but no one would give him any. 17 When he came to his senses, he said, 'How many of my father's hired hands have more than enough food, and here I am dying of hunger! 18 I'll get up, go to my father, and say to him, Father, I have sinned against heaven and in your sight. 19 I'm no longer worthy) to be called your son. Make me like one of your hired hands.' 20 So he got up and went to his father. But while the son was still a long way off, his father saw him and was filled with compassion. He ran, threw his arms around his neck, and kissed him. 21 The son said to him, 'Father, I have sinned against heaven and in your sight. I'm no longer worthy to be called your son.'

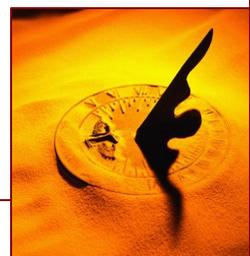
22 "But the father told his slaves, 'Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. 23 Then bring the fattened calf and slaughter it, and let's celebrate with a feast, 24 because this son of mine was dead and is alive again; he was lost and is found!' So they began to celebrate.

25 "Now his older son was in the field; as he came near the house, he heard music and dancing. 26 So he summoned one of the servants and asked what these things meant. 27 'Your brother is here,' he told him, 'and your father has slaughtered the fattened calf because he has him back safe and sound.

28 "Then he became angry and didn't want to go in. So his father came out and pleaded with him. 29 But he replied to his father, 'Look, I have been slaving many years for you, and I have never disobeyed your orders, yet you never gave me a young goat so I could celebrate with my friends. 30 But when this son of yours came, who has devoured your assets with prostitutes, you slaughtered the fattened calf for him.'

31 " 'Son,' he said to him, 'you are always with me, and everything I have is yours. 32 But we had to celebrate and rejoice, because this brother of yours was dead and is alive again; he was lost and is found.' "

~Luke 15:11-32



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## *HUMILITY AT HOME*

Be completely humble and gentle; be patient, bearing with one another in love. ~Ephesians 4:2

They said, “Does the Lord only speak through Moses? Does he not also speak through us? And the Lord heard this, Moses was a very humble man, more so than any man on the face of the earth. ~Numbers 12:2-3





# CAMP CALEB

## HUDDLE GROUP ACTIVITY

Practice Session #1

“Humility at Home”

“Humility at Home”

### I. Scouting Report

1.

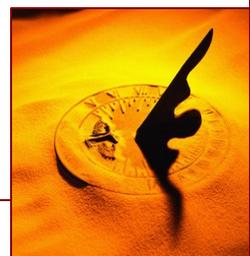
2.

3.

### II. PAT (Personal Action Task)

Best Offense:

Best Defense:



# CAMP CALEB



## PRACTICE SESSION #2

*Humility at Work...*

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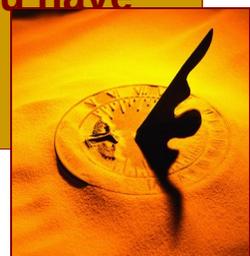


# CAMP CALEB



## *QUESTIONS...?*

1. What do you say or do at work that communicates to others your humility?
2. In your specific role/position at work, what ways can you demonstrate humility in your day for the future?
3. What is one example of humility that you have modeled in the work place recently?



# CAMP CALEB

## The Parable of the Vineyard Workers

1 "For the kingdom of heaven is like a landowner who went out early in the morning to hire workers for his vineyard. 2 After agreeing with the workers on one denarius for the day, he sent them into his vineyard. 3 When he went out about nine in the morning, he saw others standing in the marketplace doing nothing. 4 To those men he said, 'You also go to my vineyard, and I'll give you whatever is right.' So off they went. 5 About noon and at three, he went out again and did the same thing. 6 Then about five he went and found others standing around, and said to them, 'Why have you been standing here all day doing nothing?'

7 "Because no one hired us," they said to him.

"You also go to my vineyard,' he told them. 8 When evening came, the owner of the vineyard told his foreman, 'Call the workers and give them their pay, starting with the last and ending with the first.'

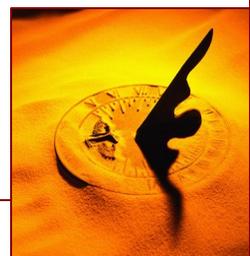
9 When those who were hired about five came, they each received one denarius. 10 So when the first ones came, they assumed they would get more, but they also received a denarius each.

11 When they received it, they began to complain to the landowner: 12 'These last men put in one hour, and you made them equal to us who bore the burden of the day and the burning heat!'

13 "He replied to one of them, 'Friend, I'm doing you no wrong. Didn't you agree with me on a denarius? 14 Take what's yours and go. I want to give this last man the same as I gave you. 15 Don't I have the right to do what I want with my business? Are you jealous because I'm generous?'

16 "So the last will be first, and the first last."

~Matthew 20:1-16



# CAMP CALEB

## *HUMILITY AT WORK*

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ~Matthew 11:29

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Humble yourselves before the Lord, and He will lift you up. ~James 4:10

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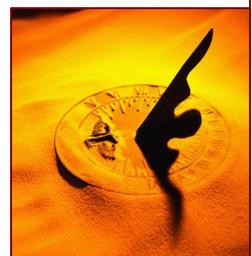
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He has brought down rulers from their thrones...but has lifted up the humble. ~Luke 1:52

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# CAMP CALEB

## HUDDLE GROUP ACTIVITY Practice Session #2 “Humility at Work”

### I. Scouting Report

1.

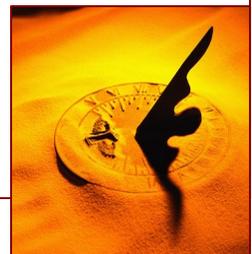
2.

3.

### II. PAT (Personal Action Task)

Best Offense:

Best Defense:



# CAMP CALEB



## PRACTICE SESSION #3

Humility in  
Church...

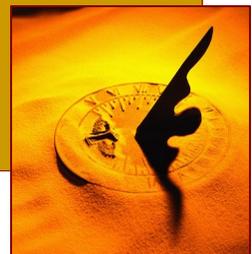


# CAMP CALEB



## *QUESTIONS...?*

1. What does humility look like in the Church?
2. Why is humility in the Church essential?
3. In what ways can you help instill humility in the Church?



# CAMP CALEB

## Unity Yet Diversity in the Body

12 For as the body is one and has many parts, and all the parts of that body, though many, are one body—so also is Christ. 13 For we were all baptized by one Spirit into one body—whether Jews or Greeks, whether slaves or free—and we were all made to drink of one Spirit. 14 So the body is not one part but many. 15 If the foot should say, "Because I'm not a hand, I don't belong to the body," in spite of this it still belongs to the body. 16 And if the ear should say, "Because I'm not an eye, I don't belong to the body," in spite of this it still belongs to the body. 17 If the whole body were an eye, where would the hearing be? If the whole were an ear, where would be the sense of smell? 18 But now God has placed the parts, each one of them, in the body just as He wanted. 19 And if they were all the same part, where would the body be? 20 Now there are many parts, yet one body.

21 So the eye cannot say to the hand, "I don't need you!" nor again the head to the feet, "I don't need you!" 22 On the contrary, all the more, those parts of the body that seem to be weaker are necessary. 23 And those parts of the body that we think to be less honorable, we clothe these with greater honor, and our un-presentable parts have a better presentation. 24 But our presentable parts have no need [of clothing]. Instead, God has put the body together, giving greater honor to the less honorable, 25 so that there would be no division in the body, but that the members would have the same concern for each other. 26 So if one member suffers, all the members suffer with it; if one member is honored, all the members rejoice with it.

27 Now you are the body of Christ, and individual members of it. 28 And God has placed these in the church:

first apostles, second prophets, third teachers, next, miracles,  
then gifts of healing, helping, managing, various kinds of languages.

29 Are all apostles? Are all prophets?  
Are all teachers? Do all do miracles?

30 Do all have gifts of healing? Do all speak in languages?  
Do all interpret?

31 But desire the greater gifts. And I will show you an even better way.

~1 Corinthians 12:12-31



# CAMP CALEB

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## *HUMILITY IN THE CHURCH*

“God opposes the proud but gives grace to the humble.”  
~James 4:6

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If my people who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and forgive their sin and will heal their land. ~II Chronicles 7:14

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Finally, all of you, live in harmony with one another: be sympathetic, love as brothers, be compassionate and humble. ~I Peter 3:8

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# CAMP CALEB

## HUDDLE GROUP ACTIVITY Practice Session #3 “Humility in Church”

### I. Scouting Report

1.

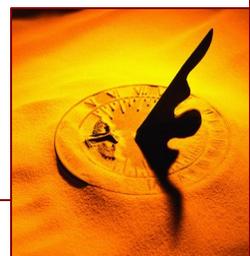
2.

3.

### II. PAT (Personal Action Task)

Best Offense:

Best Defense:



# CAMP CALEB

## THE “*WINNING DRIVE*” QUESTIONS

**What have I gained from camp?**

**2) What am I going to do with what I have learned?**

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