

### Synopsis

As we mature, we must make a decision. We can be the father or DAD we had or be the father or DAD we wanted. It is an intentional decision to revise our "DNA" as DADs. Anyone can be a father, being a DAD takes love, nurturing, and relationship. When we make this choice, despite our inherent DNA, we can become the Dad our family needs us to be.

## deeper reflections

- Does breaking the "generational cycle" or revising the DNA- something you have thought about as a man, as a DAD?
- Define what you think your role is as a father, DAD, and a parent? Write down separate characteristics of each. Which are similar and which are different?
- If you have experienced divorce as a child or an adult, or remarried with a blended family, how has this affected your perspective as a DAD?
- If you had a DAD, write down the positive and negative things you learned from your DAD.
- If you did not have a DAD or a DAD was not present in your life- what ways have you learned to be a DAD?

**Kenny Martin is the Pastor at Living Stones Church in Magnolia, Texas. Prior to ministry, he was a retired Sergeant with Houston Police Department. He served in various roles as Patrol Officer, the Crime Analysis and Wanted Program Director and Supervisor, as well as the Internal Affairs Investigative, Sergeant. He is married with 3 grown children and has 5 grandchildren.**