



# Saint Louis Crisis Nursery Family Empowerment Program of Jefferson County Covid-19 Response



Now more than ever, struggling families in our community need our help. The Family Empowerment Program is committed to remaining a trusted resource for families as they weather this new storm.

## PROGRAM ADJUSTMENTS

Crisis Intervention and Family Support sessions are now available exclusively via:

- the phone
- video telehealth sessions

Staff are reaching out to past program participants to check in and offer additional support

FEP staff are helping support families calling into the Nursery's 24-Hour Helpline through telehealth sessions

Staff are dropping off critical supplies on front porches for families in dire need of basic necessities

**Staff are working with clients to meet new and emergent needs:**

- Identifying newly available community resources
- Implementing strategies for reducing isolation
- Revising treatment plans to address impacts of the pandemic
- Teaching new parenting strategies to reduce family stress during stay-at-home orders

Services continue to be offered in English and Spanish!

English: 314-374-1700

Spanish: 314-255-6145